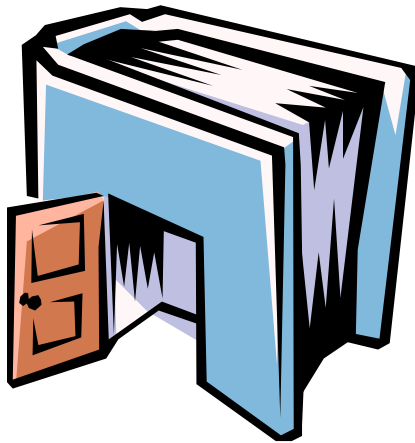


**It's Never Too Late To Learn At
Monmouth/Winthrop
Adult & Community
Education**



**FALL 2002
Daytime & Evening Classes**



377-2265

FAX 377-9350

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CAPITAL AREA ADULT EDUCATION CONSORTIUM

Regional cooperation is an important way of improving the educational opportunities for adults throughout the Kennebec Valley. We are trying to serve you more efficiently by joining with other adult education programs in the Capital area. Adult Education Directors from Augusta, SAD 11 (Gardiner), SAD 16 (Hall-Dale)/Maranacook, Winthrop/Monmouth, and Union 51 (Chelsea) meet monthly to apply for and administer federal grants, carry out promotional projects, share information on area educational needs, as well as develop regional courses and staff development activities. Regionally, we schedule and operate courses that would not receive full enrollments if operated by individual programs. Academic, Vocational, and Office Skills classes are coordinated through the Consortium.

Augusta Adult Education

- Phone: 626-2470

Gardiner Adult Education

Boston Holiday Theatre Trip

- Phone: 582-3774

Union 51 Adult Education

- Phone: 549-3261

Maranacook & Hall-Dale Ad Ed

- Phone: 685-4923 Ext. 303

**MONMOUTH/WINTHROP
ADULT AND COMMUNITY EDUCATION
377-2265 & Fax 377-9350**

From the Director

Welcome to our Fall 2002 semester. This is our eleventh year of collaboration between two towns to provide Adult and Community Education outreach and course offerings in the communities of Monmouth and Winthrop. Our part time program offers many choices for pursuing life long learning and interests on a local level.

We offer a variety of morning, afternoon, and evening courses designed to meet your varied needs. You can look to us to improve or upgrade skills for employment or career changes, complete high school credentials by earning a diploma or GED, explore vocational and personal interests, acquire college credits through the ITV network at Winthrop High School, or simply come out for a night of fun! We invite you to sign up for one or more courses and make your connection to learning with us.

We welcome your comments about present courses and we are always looking for ideas for new classes, perhaps something you might have the expertise to teach. Please let us know.

Your Adult Ed Staff

Director - Mark Flight

Administrative Assistant -

ITV Coordinator & Secretary - Laura Gill

EFF, ABE & GED Instructor - Chris McEwan

Family Literacy, ABE & GED Instructor - Cindy Vermette

ABE & GED Instructor - Launa Greenier

Advisory Board

Paula Gaudet, Superintendent, Winthrop

Thomas J. Hanson, Superintendent, Monmouth

Judith Stebbins, Winthrop

Edward "Buzz" Knight, Monmouth

Jim Guillemette, Winthrop

Tim Deblois, Monmouth

Laurie Gray, Monmouth



**COME VISIT US AT OUR OFFICES ON TOWN
HALL LANE, NEXT TO THE SOFTBALL FIELD
AND ACROSS FROM THE BASEBALL FIELD!**

PARENT'S CHECK OUT THE TECHNOLOGY AT THE SCHOOLS

Visit your child's Computer Lab! Watch your school newsletter for details on dates and times. This is a chance for parents to learn what the kids will know and learn about computers.



OFFICE SKILLS CERTIFICATE PROGRAM

Monmouth/Winthrop Adult and Community Education is pleased to offer three certificate programs. These are designed for those individuals preparing for an entry-level position, upgrading skills, reentry into the business world, or seeking a promotion.

To earn a certificate, complete the courses listed below. Students with prior skills may receive credit for up to three of the courses. **To be officially enrolled, you must meet with Cindy Vermette, the adult education coordinator for this program.** There is a one-time registration fee of \$15 for each certificate program. Classes may be taken at any adult education location that offers the certificate programs.

BOOKKEEPING

Accounting I *
Accounting II
Quickbooks *
Keyboarding *
Job Hunting Skills
Microsoft Excel Beg-Adv*
Office Communication
Business English *

OFFICE SKILLS

Accounting I *
Business English *
Business Math *
Job Hunting Skills
Keyboarding *
Microsoft Word Beg-Adv *
Office Communication

COMPUTER SKILLS

Business English *
Microsoft Word Beg-Adv *
Microsoft Excel Beg-Adv *
Quickbooks *
Keyboarding *
Job Hunting Skills
Office Communications

❖ *Starred courses are available this semester.*

General Information

Enrollment:

Classes are filled on a first come, first served basis. Early registration by mail is recommended. Clip and fill out the registration form on the last page and mail with your check or money order to: Monmouth/Winthrop Adult Education, Highland Avenue, Winthrop, Maine 04364.

You will not receive a confirmation. You will only be contacted if the class is canceled and refunds will be issued. Courses without significant enrollment will be canceled. We reserve the right to reschedule courses as necessary.

Registration:

You are registered for a course upon receipt of registration information and payment. You will not receive confirmation of your registration unless the class is being canceled or rescheduled. Mail-in registration begins immediately and continues throughout the semester.

Walk-in registration begins August 26, 2002 and continues through the semester at the Adult Education Office, located behind the Adell Building off of Town Hall Lane. For your convenience, you may also drop registrations off at any school in Monmouth or Winthrop in an envelope marked: Monmouth/Winthrop Adult Education.

Refunds:

A refund is available if:

- 1) Your class is canceled;
- 2) Your class is full when we receive payment;
- 3) You withdraw from the class at least 3 normal business days in advance of a course starting date;
- 4) No Refunds Will Be Given After The First Class.**



Senior Citizen Discount:

Senior citizens are welcome to deduct \$5 from each registration fee on any course except one-night workshops.

Snow Days – Adult Ed Classes and ITV

On days when weather conditions indicate severe or impossible driving situations and Winthrop Schools close our classes will also be canceled. In the event that classes are canceled later in the day, notice of cancellation will be made on local radio stations by 3:00 p.m. Broadcasts will be made on the following stations: WMME 1400 AM; WFAU/WKCG 1340 AM; WABK 104 FM.

Office Hours:

Winthrop: Monday through Thursday, 10 a.m. to 9:30 p.m.

The office is open on Fridays from 10 a.m. until 2:00 p.m.

Monmouth Academy: Please call 377-2265.

Help Wanted:

Monmouth/Winthrop Adult & Community Education is always looking for people with an interest, hobby, area of expertise or skill that they would like to share with other adults for an evening (or more) of fun and information. We are looking for people interested in teaching ethnic cooking, golf, bridge, chess, dried flower arrangement, health, music, chorus, watercolor, SAT preparation, fun “stuff” to do with kids, academic and vocational or business. If you are one of those people, please give us a call at 377-2265. You may also mail a course proposal to Monmouth/Winthrop Adult Education, Highland Avenue, Winthrop, ME 04364.



Adult Education MAINE
The adult thing to do.

Veterans and Eligible Dependents....

Please note – Benefits \$\$\$\$ May Be Available For You!

- If your benefit period has not expired, you may be eligible for monthly payments of up to \$800 while you are preparing for a new career.
- To inquire about your eligibility call the Veterans Administration at 1-8888-442-4551. To learn about available training programs contact your Adult Education Center of the State Approving Agency for Veterans Education at (207) 377-4661.

PROGRAMS

ADULT BASIC EDUCATION

Our program offers classes in Reading, Writing, Spelling and Basic Math to adults who would like to improve their skills.

Adult Basic Education classes are free; flexible daytime and evening hours. Please call for an appointment 377-2265.

CAREER COUNSELING

Career guidance services, assistance with resume writing and creating work or life experience portfolios are available evenings and during regular office hours by appointment. "Choices" is a software program for conducting college searches or learning more about occupations of interest to you. Please call 377-2265 to set up an appointment.

HIGH SCHOOL COMPLETION

Adults who do not have a high school credential are encouraged to make an appointment with the Adult Education Director to explore which option is best, a high school diploma or the GED diploma.

Diploma Program

A total of 20 credits are required to earn a Monmouth/Winthrop Adult Education Diploma; Winthrop residents have the option of earning a Winthrop High School Diploma for 24 credits.

We will give you credit for courses successfully completed at other schools. In many cases, life experience such as prior military service, homemaker or work experience adds up! Please bring your transcripts to the office and make an appointment with the Director. Diploma classes are free to adults who are pursuing an Adult Education diploma through Monmouth/Winthrop Adult Education. Candidates for entry into Adult Education diploma programs must be 17 years of age or older and not enrolled in day school. Call 377-2265 to start earning your degree today!

GED

This course of study prepares individuals to earn a high school equivalency certificate by the passing the tests of General Educational Development (GED). The test is a 5-part exam in Social Studies, Science, Mathematics, Language Arts/Writing and Language Arts/Reading. Official testing is available by appointment each week. Candidates for the GED program must be at least 17 years of age and not enrolled in day school. Flexible daytime and evening hours. Please call for an appointment.

Eco (External Credit Option)

This program offers busy adults with schedule conflicts the opportunity to earn high school completion credits independently. Candidates must be self-directed learners and have reading skills at the 10th grade level. In addition, you will meet with your instructor every three or four weeks to submit assignments. For more information, call the Adult Education Office.

ENGLISH AS A SECOND LANGUAGE

Group instruction for those whose first language is not English, and who have difficulty reading, writing or speaking the English language is available days at the Kennebec Learning Center in Augusta. For more information or for individualized instruction with a Literacy Volunteer Tutor, please call 377-2265.

HOT this Semester

Computer Courses

Browsing 101
Computer Diagnostics
MS Office XP



Vocational Courses

CPR & First Aid
Chemistry
Clerical Skills Certificates
Microsoft Certification

Personal Enrichment

Basic Guitar 3
Boating
Conversational French
Conversational Spanish
Dog Obedience
Reflexology
Scrapbooking
Yoga for the Beginner



ACADEMIC

ACCOUNTING I

Instructor: Jim Hachey

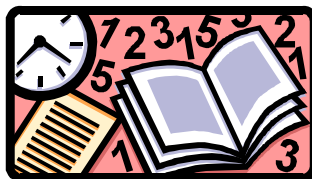
Students enrolled in this course will use a variety of journals and ledgers to gain understanding of accounting principles used in the business world. Students enrolled for a math credit will continue this course for fifteen weeks

TUE: 9/3 – 12/17; 15 weeks

TIME: 6:00 – 9:00 p.m.

LOCATION: Winthrop High School

COST: \$35.00 (diploma students free)



ALGEBRA 1 Part 1

Instructor: Eric Wade

This introduction to Algebra begins with a brush-up on fractions, decimals, and the number line. The course covers equations, exponents, square roots and quadratic equations. This would be a good refresher course for college bound students.

THUR: 9/5 – 12/19; 15 weeks

TIME: 6:00 – 9:00 p.m.

LOCATION: Winthrop High School

COST: \$35.00 (diploma students free)

ENGLISH

Instructor: Launa Greenier

This class is designed for those needing to polish their writing skills for use at work, entry to college or completion of a high school credit. Students will develop skills in essay writing, business letters, and other topics depending on student needs.

TUE: 9/3-12/17; 15 weeks;

TIME: 2:30 – 5:30 p.m.

LOCATION: Monmouth Academy

COST: \$35.00 (diploma students free)



FAMILY LITERACY WORKSHOP

Instructor: Cindy Vermette

This series of workshops is for parents or grandparents of pre-schoolers ages 3-5. Each workshop will focus on making a game and a book that can then be used with the children. Children like to play simple games, and they enjoy hearing a story that a parent or grandparent has written. Materials to make the games and books will be provided by the instructor. Topics will include colors, letters, numbers, shapes, etc.

TUE: 9/17-10/22; 6 weeks

TIME: 6:30 – 8:30 p.m.

LOCATION: Adult Education Classroom

Materials Fee: \$25.00 payable to the instructor

GED PREPARATION

Instructor: Cindy Vermette, Chris McEwan & Launa Greenier

This is instruction time for students attempting the General Educational Development test. Tutoring is available in all five-subject areas; arrangements need to be made with the instructor to better serve the students. Please call 377-2265 to schedule an appointment. Flexible daytime & evening hours please call.

LOCATION: Winthrop High School & Monmouth Academy

HISTORY TOPICS

Instructor: Launa Greenier

Students enrolled in this course will concentrate in a period of American History of interest. Learners will be expected to complete outside readings, submit journal and essay writings as assigned, and conduct an in depth research project. Independent study and External Credit may be available with permission of the instructor.

WED: 9/4-12/18; 15 weeks

TIME: 6:00 – 9:00 p.m.

LOCATION: Monmouth Academy

COST: \$35.00 (diploma students free)



VOCATIONAL & TECHNOLOGY

AMERICAN SIGN LANGUAGE

Instructor: Beth Gingras

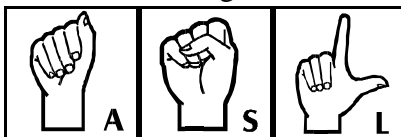
All students will increase their vocabulary, master the manual alphabet, and develop a proficiency at signing as well as reading signs. Must be willing to leave voice at home and bring a willingness to try.

WED: 9/18-11/20; 10 weeks

TIME: 6-8 p.m.

Location: Winthrop High School

Cost: \$25.00 + (text Joy of Signing \$25.00)



CHEMISTRY

Instructor: Candis Shehata

This class is for anyone who is entering health fields or vocational/technical training and needs a high school Chemistry credit or refresher course. Topics include lecture and labs, which explore matter, elements, chemical changes, compounds, mixtures, bases, and chemical reactions.

WED: 9/4 – 12/18; 15 weeks

TIME: 6:00-9:00 p.m.

LOCATION: Winthrop High School

COST: 35.00



CPR & FIRST AID – American Red Cross

Instructor: Melanie Cook

Learn how to respond to emergency situations such as recognizing the signals of a heart attack and then provide care to reduce the chance of a heart attack. Learn how to care for an infant, child, or adult who stops breathing, is choking, or bleeding; also learn how to care for non-life-threatening emergencies. Successful completion includes a 1-year certification for Community CPR and a 3-year certification for Community First Aid and Safety. If you need to split the class taking just CPR or just First Aid please call 377-2265 for pricing information.

Session 1: TUE; 9/18-10/2; 3 weeks

Session 2: TUE; 10/16-10/30; 3 weeks

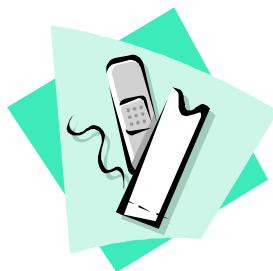
Session 3: TUE; 11/6-11/20; 3 weeks

Session 4: TUE; 12/4-12/18; 3 weeks

TIME: 6:00-9:00 p.m.

LOCATION: Winthrop High School

COST: \$55.00



BUSINESS ENGLISH

Instructor: Cindy Vermette

If you want to improve your English skills for use in an office setting, this course is for you. Areas of instruction will include basic grammar, punctuation, capitalization, writing, spelling, formatting and proofreading. This course may be used toward the **Office Skills Certificate Program**.

WED: 9/4-12/18; 15 weeks

TIME: 6:00-9:00 p.m.

LOCATION: Adult Education Classroom

COST: \$35.00



BUSINESS MATH

Instructor: Chris McEwan

If you want to improve your basic math skills for use in an office setting, this course is for you. Areas of instruction will focus on the fundamental operations of addition, subtraction, multiplication, and division through practice with whole numbers, fractions, decimals, and percentages. Students will gain experience by working out business problems involving interest, discount, payroll depreciation, retail selling, and checking accounts.

TUE: 9/3-12/16; 15 weeks

TIME: 6:00-9:00 p.m.

LOCATION: Monmouth Academy

COST: \$35.00 (plus text\$30.00)

INDEPENDENT LIVING SKILLS

Instructors: Jeannine Dumont

Increase independent living skills in this fun, skills based class. Activities include cooking, money management, and recreational activities. Enrollment limited to twelve students.

TUE: 9/3-12/17; 15 weeks

TIME: 4:00-6:00 p.m.

LOCATION: Winthrop Middle School

COST: \$35.00 + \$20.00 Activity Fee



COMPUTER DIAGNOSTICS I

Instructor: Rodger Vermette

This course is an introductory course to computer maintenance, repair, and troubleshooting. The class will allow students to have hands on experience in various aspects of working with computer hardware such as CD Roms, sound cards, etc. You will need to have access to a computer that you can bring to class – old ones are fine!

TUE: 9/10-10/8; 5 weeks

TIME: 6:00 – 9:00 p.m.

LOCATION: WHS-Adult Ed Bldg.

COST: \$50.00 (class limited to 8 students)



COMPUTER DIAGNOSTICS II

Instructor: Rodger Vermette

Join fellow computer enthusiasts to diagnose, install hardware/software, and troubleshoot computer problems. You will need to have access to a computer to bring to class. Prerequisite: Computer Diagnostics I or a suitable knowledge of computers to be determined by the instructor.

TUE: 10/15 – 11/19; 6 weeks

TIME: 6:00 – 9:00 p.m.

LOCATION: Winthrop High School

COST: \$60.00

COMPUTER TUTOR

Instructor: Rodger Vermette

New to the computer world? Nervous about turning on a computer or hitting a wrong button? Try this BASIC computer tutor class for beginners. Learn how to do the basics and build up your confidence. You will work at your own pace with individualized help from the instructor. Class limited to 6 students.

Session 1 MON: 9/16 – 9/30; 3 weeks

Session 2 WED: 10/2 – 10/16; 3 weeks

TIME: 6:00 – 8:00 p.m.

LOCATION: Winthrop High School

COST: \$25.00 per session



“BROWSING 101”

Instructor: Roger Vermette

The information highway is fast becoming the way more people communicate and find information they need. In this class, we will learn internet terminology and how to search the Web. Mini labs will be completed at a student’s own pace with individualized help from the instructor. By the end of class you should feel confident enough to search the Web on your own. Class limited to 6 students.

MON: 10/21 – 11/4; 3 weeks

TIME: 6:00-8:30 p.m.

LOCATION: Winthrop High School

COST: \$35.00



MS OFFICE XP

Instructor: Liz Curtis

These are beginning courses in the NEW MS Office XP programs! Learn how to create a letter, spreadsheet or presentation with the latest Microsoft software.

MS Word

THUR: 9/12 – 10/3; 4 weeks

TIME: 6:00 – 8:00 p.m.

LOCATION: Winthrop High School

COST: \$45.00



MS Excel

THUR: 10/10 – 10/31; 4 weeks

TIME: 6:00 – 8:00 p.m.

LOCATION: Winthrop High School

COST: \$45.00

MS PowerPoint

THUR: 11/7 – 11/21; 4 weeks

TIME: 6:00 – 8:00 p.m.

LOCATION: Winthrop High School

COST: \$45.00

COME JOIN YOUR NEIGHBORS AND FRIENDS
BY TAKING A COURSE WITH
MONMOUTH/WINTHROP ADULT AND
COMMUNITY EDUCATION
WHETHER IT'S A COMPUTER COURSE OR A
YOGA COURSE COME JOIN IN THE FUN!!!

NON-TRADITIONAL COURSE OFFERINGS

The following courses run for six weeks. Two lessons are released each week for the six-week duration of the course. You do not have to be present when the lesson is released. Instead, you can take up to ten days to complete each lesson after it is released. Online courses require Internet access, E-mail, Netscape or Internet Explorer Web browser and other software. Some software is available in a trial version from software manufacturer – please check requirements online. Computers will be available in the High School Computer Lab for on-line course work with reservations.

Keyboarding Cost: \$49.00

Introduction to Quickbooks Cost: \$49.00

Introduction to Microsoft Word Cost: \$49.00

Intermediate Microsoft Word Cost: \$49.00

Advanced Microsoft Word Cost: \$49.00

Introduction to Excel Cost: \$49.00

Intermediate Microsoft Excel Cost: \$49.00

Introduction to PowerPoint Cost: \$49.00



2002 Start Dates:

September 18	November 20
October 16	December 18

Visit our on-line web-site:

<http://www.ed2go.com/monwinaded/>

!!!!!!!Check out these top 24 courses!!!!!!!

1	Creating/Advanced Web Pages	13	Intro to Visual Basic
2	Intro/Intermed Microsoft Excel	14	Intro to MS PowerPoint
3	Intro/Intermed Microsoft Access	15	MCSE Certification
4	Intro to PC Troubleshooting	16	Creating Web Graphics
5	Basic/Intrmd/Adv A+ Certification	17	JavaScript Programming
6	Intro/Intrmd/Adv Microsoft Word	18	Tips and Tricks iMac and Mac
7	Intro to Photoshop	19	Intro/Intrmd to Java 2 Program
8	Introduction to QuickBooks	20	CGI Programming for the Web
9	Introduction to Dreamweaver	21	Microsoft Publisher
10	Introduction to Windows XP	22	Quicken for Windows
11	Intro to the Internet	23	Prepare for the CCNA Exam
12	Microsoft FrontPage	24	Introduction to Networking

SOME OF THE OTHER ON-LINE COURSES AVAILABLE:

Internet Courses

Introduction to the Internet
Creating Web Pages
Advanced Web Pages
Creating Web Graphics
Getting Organized with Outlook
Dreamweaver
Microsoft Front Page
Marketing on the Internet
Top Search Engine Position
Java 2 Programming
CGI Programming
Javascript Programming
Online Investing

Computer Courses

Introduction to Windows XP
Making the Most of Win Me
Intro to Windows 2000 Pro.
Navigating your Palm Pilot
Intro to Photoshop 5.0/5.5/6.0
Payroll with Quickbooks
Quicken for Windows
Intro to Turbo Tax
Microsoft Publisher
Microsoft PowerPoint
A+ Certification (3 courses)
MCSE Certification Series
(7 courses)
Intro to Networking

Personal Enrichment

Intro to Fire Service
Magazine Writing
Write Your Life Story
Creative Training for Writers
Travel Writing
Speed Spanish
Personal Financial Planning
A to Z Grant Writing
Debt Elimination
Digital Photography
Genealogy Basics
Give that Speech
Job Search Strategies

Small Business Courses

Start a Consulting Practice
Marketing
Financial Management
Start a Home-based Business
E-mail Business Comm.
Building an Online Business
Managing Technology
Laws of the Business Jungle

Medical Courses

Medical Terminology
Alcoholism
Antibiotic Resistant Infections

Visit us at our web-site:

<http://www.ed2go.com/monwinaded/>

You can see a demo course on “Intro to PC Hardware”.

Our Website is connected to the
Winthrop Public Schools
Look for our link at
<http://www.winthrop.k12.me.us>

PERSONAL ENRICHMENT

BASIC GUITAR 3

Instructor: Bill Giasson

This course gives students a chance to work with others who are still becoming proficient in playing a variety of musical styles. Still a beginner's course, but more advanced than 1 or 2. The feature of this course will be learning moveable barre chords. People interested in taking this course should have a working knowledge of most major and minor chords.

TUE: 10/22-12/10; 7 weeks (no class 11/26)

TIME: 6:30-8:30 p.m.

LOCATION: Winthrop High School

COST: \$30.00



BOATING SKILLS AND SEAMANSHIP

Instructor: Howard Ellis

This is the basic boating course offered to recreational boaters by the United States Power Squadron. This course covers boat handling, trailering, federal and state regulations, navigation rules, chart reading and plotting, and sailing fundamentals. There is a \$45 cost for plotting instruments, chart and textbook, payable to the instructor on the first night of class.

TUE: 9/24-11/12; 8 weeks

TIME: 6:30-8:30 p.m.

LOCATION: Winthrop High School

COST: \$45.00 payable to instructor at class



CONVERSATIONAL FRENCH

Instructor: Souleymane Fall

Souleymane Fall, a native French speaker from Senegal, West Africa will teach basic conversational skills. Each week a new scenario will be discussed and explored. Speaking will be emphasized. No French experience necessary.

WED: 9/25-11/13; 8 weeks

TIME: 6:30-8:30 p.m.

LOCATION: Winthrop High School

COST: \$30.00



CONVERSATIONAL SPANISH

Instructor: Rosa Stratton

Rosa Stratton a native of Venezuela will teach basic conversational skills. Each week a new scenario will be discussed and explored. Speaking will be emphasized. No Spanish experience necessary.

MON: 9/16-12/9; 10 weeks

TIME: 6:00-8:00 p.m.

LOCATION: Winthrop High School

COST: \$30.00



DISCOVER REFLEXOLOGY

Instructor: Connie Hubley

Discover Reflexology and learn about the benefits of Reflexology and some basic techniques of thumb and finger walking on feet, hands, and ears. It is an effective technique for regaining better health. Individual Reflexology is possible, but it is more effective to work with a partner, so partners are encouraged.

WED: 10/16 – 10/23; 2 weeks

TIME: 6:30-8:30 pm

LOCATION: Hoyt Chiropractic Center

COST: \$25.00 for 2 people or \$15.00 for 1 person

DOG OBEDIENCE Basic and Beyond

Instructor: Cindy Dunham

This 6-week course is for the over achiever and his owner. It will cover the basics of dog obedience; sit, down, stay, come, and heel. The course will be fast paced and is recommended for dogs over 5 months. According to class progress we will go beyond basic in the second half of the course. Topics discussed will include nutrition, spay/neuter, dominance, housebreaking, jumping, nuisance barking and more. Commitment required! This class will be held outdoors and all dogs must be on a leash. Minimum 4 to class.

THUR; 9/19-10/24; 6 weeks

TIME: 6:00-7:30 pm

LOCATION: Winthrop High School Parking Lot

COST: \$45.00



BEGINNING COMPUTER SCRAPBOOKING

Instructor: Deb Hathorne

Would you like to make a scrapbook without all the fuss and additional costs of special shapes, cutters, papers and tools? This class will show you how. You will walk away with a lot of knowledge and a few pages completed to get you on the right track! Students need to bring an 8 ½” X 11” scrapbook and purchase PC software from instructor (\$35 payable to instructor first class).

MON: 9/23-10/7; 3 weeks

TIME: 6:00 – 8:00 pm

LOCATION: Winthrop High School

COST: \$35.00 + Software



INTERMEDIATE COMPUTER SCRAPBOOKING

Instructor: Deb Hathorne

This is a continuation of the above course. Continue your project with new and interesting techniques.

WED: 10/16-10/30; 3 weeks

TIME: 6:00 – 8:00 p.m.

LOCATION: Winthrop High School

COST: \$35.00



FURNITURE REFINISHING & CHAIR RESEATING

Instructor: Cindy Vermette

Learn how to refinish your attic treasure! This course will be a practical study of the care, simple repair, and refinishing of furniture. Included will be the use of tools, materials and procedures. We will learn such things as how to “feed” the wood and how to mix our own stain. Bring the following items to the first class: newspapers, garbage bags, paper towels, rags, 2-3 cans, old paint brush, putty knife, piece of furniture, paint remover, solvent alcohol, lacquer thinner, coarse steel wool, sand paper, boiled linseed oil, and rubber gloves. Learn how to reseat your chairs using Shaker tape weaving, cane, fiber rush, reed or splint. Instruction will be individualized. Materials may be purchased from the instructor.

Session One – MON: 9/9-10/21; 6 weeks

Session Two – MON: 10/28-12/9; 6 weeks

TIME: 6:00-9:00 p.m.

LOCATION: Winthrop High School Woodshop

COST: \$35.00



INTRODUCTION TO SCRAPBOOKING

Instructor: Darlene Lepoff

Learn and enjoy the techniques of preserving family photos and stories by creating memory albums. Materials will be supplied for you for the first class. Bring photos to every class and your own materials after the first night. Students should bring a good pair of scissors and photos to each class. Class limited to 10 people.

Session 1 - TUE: 9/17 – 10/22; 6 weeks

Session 2 – TUE: 10/29 – 12/10; 6 weeks

TIME: 6:00 – 8:00 p.m.

LOCATION: Monmouth Academy

COST: \$15.00



YOGA FOR THE BEGINNER

Instructor: Laurieann Poulin

Join Laurieann from Yoga Center of Maine for this beginner class. During class students will learn the many benefits of yoga along with basic yoga poses, breathing and relaxation techniques. Loose, comfortable clothing recommended.

MON: 9/9-10/21; 6 weeks

TIME: 6:30-7:45 p.m.

LOCATION: Winthrop High School

COST: \$45.00



**PUTTING YOUR PLANTS & GARDEN TO BED
FOR THE WINTER**

Instructor: Robin Struck

Learn how to prepare your garden for the winter ahead. Robin from D.R. Struck's will help you prepare your garden for the coming winter at the same time you prepare for next spring!

WED: 10/2

TIME: TBD

LOCATION: D.R. Struck's on Rte. 202, Winthrop

COST: TBD

**HEALTHREACH WIC IS OFFERING COURSES IN
FEEDING YOUR INFANT OR TODDLER.**

This fall HealthReach WIC will be holding 3 evenings of information. These are free to WIC participants or there is a \$10 material fee for others. **For information please call 621-6202.**

“Breast Feeding or Bottle Feeding”

We will present parents with up-to-date information on infant feeding and what parents need to know to make the best choice. Breast feeding – knowing the facts, how-to techniques, health benefits, & where to go for help.

“Baby’s First Foods”

Introduction to Solids & Making Your Own Baby Foods. The nutrition staff will present an informational program to help parents make healthy choices in infant feeding.

“Healthy Choices Make Healthy Children”

Preschool nutrition program – children who eat right are more likely to grow up to be strong, healthy adults. The nutrition staff will present an informational program to help parents understand the importance of making every bite count for your child.

TIME: 6:00-8:00 pm on Thursday’s

LOCATION: Winthrop High School

Please send payment and registration to:

HealthReach WIC, 263 Water St., Suite 400,

Augusta, ME 04330 or call 621-6202 for further information.

DRIVERS EDUCATION

These courses are held at the Winthrop High School or Monmouth Academy please contact the Augusta Driving Academy or Drive Smart Driving School for information or to register.

Monmouth/Winthrop Adult Education does not handle registrations or questions regarding Drivers Education courses.

Augusta Driving Academy – 622-1953

Instructor: Brent Larrabee

The Responsible Driving Program includes 30 hours of classroom instruction and 10- hours of driving time. The main thrust of the course will be learning to think behind the wheel, how to plan ahead and anticipate the actions of other roadway users. Following is a list of requirements to take this course: students must be at least 15 years of age; if possible bring an original birth certificate. (The State of Maine will not accept a copy.)

DATES: Classes begin monthly, 3:00 p.m.

LOCATION: Winthrop High School

COST: Contact Augusta Driving Academy

Call 622-1953 for information and to register.



Drive Smart Driving School – 582-7622

Instructor: David Smith

Drive Smart Driving School is dedicated to teaching students in a safe and efficient manner. We use materials, textbooks, videos, and tests that have been approved by the Maine Department of Motor Vehicles. Our mission is to instruct our students in a safe, interesting, and open manner. Learning to drive is a skill that will follow your child throughout the rest of their lives. Our driver's education school consists of 30 hours of classroom instruction and 10 hours of driving time. Successful students will receive a Maine State Driving Permit.

DATES: Classes will begin monthly

LOCATION: Monmouth Academy

COST: Contact David Smith

Call 582-7622 for more information and to register.

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Our Website is connected to the
Winthrop Public Schools

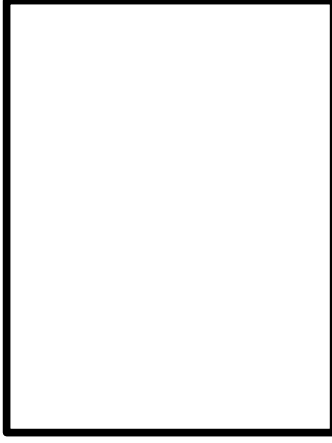
Look for our link at

<http://www.winthrop.k12.me.us>

Fall 2002 ITVA Synchronous Course Offerings from UNET at Winthrop

ARHA105/ ARCA111	History of Art and Architecture	Thur	1-3:45 pm
BUAA100	Introduction to Business	Wed	1-3:45 pm
BUAA101	Principles of Accounting 1	Fri	4-6:45 pm
BUAA151	Personal Financial Planning	Tues	1-3:45 pm
BUAA355/ MATA355	Intro to Operations Research	Fri	7-9:45 pm
BUAA459	Seminar in Strategy and Policy Planning	Wed	7-9:45 pm
COLA100	Introduction to the College Experience	Mon	1-3:45 pm
COMA102	Interpersonal Communications	Mon	7-9:45 pm
CONP356	Concepts in Community Health	Thur	4-6:45 pm
CRJA117	Modern Perspectives on Juvenile Delinquency	Fri	4-6:45 pm
ECOO120	Principles of Microeconomics	Tues	7-9:45 pm
EDUI150	Exploring Education in Contemporary America	Tues	7-9:45 pm
EDUI351	Teaching Elementary Reading	Thur	7-9:45 pm
ENGA005	Basic Writing	Mon	4-6:45 pm
ENGA101	College Writing	Fri	1-3:45 pm
ENGA101	College Writing	Wed	7-9:45 pm
ENGM113	Introduction to Literature	Wed	7-9:45 pm
ENGM205	American Literature I: Conquest and Rebellion	Mon	7-9:45 pm
GEOO210	Maine Geography	Wed	4-6:45 pm
HTYA103	United States History I	Tues	7-9:45 pm
HTYO210	History of Maine	Mon	7-9:45 pm
HUSA125	Chemical Dependency	Thur	7-9:45 pm
HUSA221	Adolescent Mental Health	Wed	4-6:45 pm
HUSA352E	Interventions for Children & Families	Fri	7-9:45 pm
HUSA460	Internship Seminar	Tues	4-5:15 pm
ITPP320	Occupational Safety and Health	Thur	7-9:45 pm
MATA009	Foundations of Mathematics	Wed	4-6:45 pm
MATA030	Algebra I	Mon	4-6:45 pm
MATA100	Mathematics and Its Applications	Tues	4-6:45 pm
MATA115	Elementary Statistics	Mon	7-9:45pm
POSK240	Terrorism	Fri	7-9:45pm
PSYA100	Introduction to Psychology	Thur	7-9:45pm
PSYA218	Community Mental Health Care	Fri	4-6:45 pm
PSYA330	Interviewing and Counseling	Tues	7-9:45pm
SCIA120	Introduction to the Natural Sciences – Class	Thur	4-6:45 pm
	- Laboratory	Tues	5:30-6:45
SEDF300	Academic Remediation for Students w/Disabilities or At-Risk	Mon	4-6:45 pm
SEDO509	Curriculum Development for Students w/Severe Disabilities	Tues	4-6:45 pm
SEDO563	Positive Supports for Challenging Behavior	Tues	4-6:45 pm
WSTO101	Introduction to Women's Studies	Wed	7-9:45 pm
EMTC	To register call for course below call 1-800-498-8200		
ECEE127	Cognitive and Affective Development	Thur	4-6:45pm
KVTC	To register call for course below call 1-800-528-5882 x5119		
EDUV101	Educating Children with Disabilities	Fri	4-6:45 pm

ONLINE Courses Also Available Please See University of Maine Course Listing – take courses from the comfort and convenience of your own home our use our UNET computer at the Winthrop site. (Appointment Needed)



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TOTAL DUE: _____

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