

Circle K International Pledge

I pledge to uphold the objects of Circle K International, to foster compassion and goodwill toward others through service and leadership, to develop my abilities and the abilities of all people, and to dedicate myself to the realization of mankind's potential.

What Is Circle K International? By- Elizabeth Frenkel

Circle K International is the world's leading collegiate service organization. This member of the Kiwanis family prides itself on its more than 11,000 members from over 525 colleges and universities worldwide.

The goal of the organization is to help turn dedicated college and university students into responsible citizens and leaders with a lifelong commitment to serving the children of the world. This goal is met in a variety of ways using the three pillars the organization has been founded on...Service, Leadership, and Fellowship.

Service is a very important aspect of Circle K. Being a Kiwanis sponsored group, Circle K's main focus is to help serve the children of the world. Therefore, many projects chosen are often dealing with the issues faced by children between the ages of 6 and 13. However, the organization does take part in a myriad of other service projects that deal with ALL issues ranging from the homeless, to the ill, to the environment.

The rewards one receives through the various projects are numerous and indescribable. Just knowing that you have done something to make a difference in the lives of others makes the whole experience worthwhile.

The organization believes that one of the best ways to help develop these students into caring, responsible, and involved individuals is to help them gain strength and maintain the extremely powerful tool knows as leadership. Leadership skills learned through the various experiential training conferences, as well as chair or board positions held at club, district, and international levels, help members realize their potential as leaders. Furthermore, all members are exposed to the positive effects of cooperation and parliamentary procedures. These experiences prepare the members of Circle K for real world challenges and, at the same time, encourage them to get involved and always feel free to express themselves.

Fellowship is an ever present element of Circle K. A person is constantly interacting with

their fellow home club members. Aside from the meetings and service projects, each club likes to have at least one "social" each month. This activity allows the members of the club to spend time with each other and really get to know one another on a more personal level. Socials can range from a night watching videos at someone's house to a weekend trip. Additionally, there are several district events held during the year. These events can be social, business, or (most commonly) a mix of both and allow members from all clubs in the district to come together and form interclub relationships. There are even a few events each year that are opened up internationally. These events give members the opportunity to meet and get to know members from clubs of other states, as well as other countries.

Circle K International is an experience unlike any other. A person develops themselves and their abilities as both a leader and a open minded, concerned, and helpful human being who is dedicated to making the world a better place. It also gives them a chance not only to have fun with a wonderful group of people, but to also form deep and lasting relationships with these same people.



Volume 1, Issue 1 September 2003

Inside This Issue:

What is Circle K International?	1
Money For The Cause	2
CKI Terms To Know	2
Meet The 2003-2004 Board Officers And Chair People	3-4
Fun Stuff	5
Fun Stuff Answers	6
Stuff To Look Out For	6

Important September Dates
To Remember:

*Sunday September 14th:

SIDS Walk At Thompson Park In Lincroft, NJ; Walk Begins At 9AM (Registration 8:15)

*Friday September 19th-Sunday September 21st:

Leaderscape Being Held At Camp Mason In Blairstown, NJ

*Sunday September 21st:

Heart & Stroke Walk On The Edison Campus Of Middlesex County College; Walk Begins At 10AM (Registration 9)



Money For The Cause By-Tiffany Alexander

Circle K International and the New Jersey District have selected three wonderful organizations/programs that Middlesex County College Circle K will help raise funds for in the 2003-2004 year.

The first program is The Tomorrow Fund which has been set up by Circle K International. This purpose of this program is to help empower the Circle K clubs internationally. This endowment fund will be available as "seed" money for all clubs to use for a myriad of projects. The fund has already raised over \$50,000. However, the money will not be made available until it has matured to \$100,000

The second organization that the club will be working with this year is Children's Miracle Network. The organization is one of the world's leading children's charities working to save and improve the lives of millions of children each year. This non-profit organization is dedicated to raising funds for children's hospitals across North America. Each year these hospitals provide the outstanding care, research, and community outreach responsible for helping millions of children from all ages and backgrounds fight every disease and injury from asthma to broken bones to cancer to muscular dystrophy. This organization holds countless events and fundraisers throughout the year through a partnership of premier children's hospitals, media partners, and corporate volunteers working together. Some of these events include the "Children's Miracle Network Celebration," an annual televised fund raiser, corporate sponsors who sell paper Miracle Balloons, radio stations that broadcast Radiothons, and Dance Marathons held by college students...all of which result in great success. This year alone, Children's Miracle Network hospitals will provide charity care worth billions. However, community support is key to help fund their services.

The Brian C. Kull Memorial Foundation is the third organization that Middlesex will be raising funds for this year. Brian C. Kull was a member, former District Editor, and Governor of the New Jersey District who was tragically killed in a car accident. The money raised for this foundation is used to provide a \$1,000 scholarship that has been set up in his honor. Those eligible for the scholarship must be a member of good standing from a charter strength Circle K or Key Club who holds a grade point average of 2.5 or higher.



CKI Terms To Know



term in order to become better acquainted with their position and all that it entails

- *District Convention- this event marks the end of one year and in many ways the start of the next; over the three day period members from all over the district come together for workshops, caucus sessions, and the voting of District Officers which allows members to learn more about parliamentary procedures
- *District Service Day- a specific day when members from all over the district come together to perform various service projects throughout the day
- *Fall Leadership Introduction Program (F.L.I.P.)- a one day conference where members of the district (new members in particular) have the opportunity to learn more about Circle K and the way things work within the organization
- *Fellowship- a community of interest, activity, feeling, or experience among equals/friends
- *Insight- a three day conference which allows members from all over the district to meet one another, learn about the importance of team work and problem solving, and bond with members of their home club
- *International Convention- a four day conference opened up internationally where members are exposed to all three tenets of CKI by coming together for workshops, caucus sessions, and the voting of International Officers as well as a service project being held, a service fair to see what other districts do as service, and various outings open to all attendees
- *Kiwanis- this organization is found in over seventy countries; the primary focus of the group is serving the children of the world, community service, and becoming better community

leaders; they are the sponsors of CKI as well as several other youth organizations

- *Leaderscape- this three day regional conference allows members to learn ways to become a better leader by strengthening their leadership skills
- *Mid-Winter Training- a one day conference for members who are thinking about running for a club or district office; this conference provides a deeper insight to all positions in order to properly educate the intended candidate about what they will be taking on if they choose to run/win the position
- *Leadership- the ability to take responsibility for the role of guiding, instilling knowledge, and providing the skills needed for the growth and expansion of others potential
- *Monthly Report Form (M.R.F.)- this is a form filled out by the club Secretary each month listing all club service (group and individual), club socials, interclub events, and communication between members of the club and Kiwanians as well as those in district and international offices
- *Service- the work performed by a person or a group which benefits others in some way
- *Service Project- a specific activity chosen which allows the members of a club to come together and perform service; examples include a charity walk, an adopt-a family for Christmas project, or hosting a blood drive
- *Social- a gathering of club members for an activity chosen by the Fellowship (Social) Chair which allows the club to spend quality time with one another and have fun; examples include bowling, seeing a play, or watching a video at a person's house

Meet The Board Officers/Chair People Of MCC CKI 2003-2004

*Tom Peterson (Club Advisor)- Tom Peterson is director of Marketing and Public Information at Middlesex County College and has been the Circle K advisor since its rebirth in the Spring of 2002. He feels the real strength of the club is that it benefits both the individual and the community. "I think it is a great organization in that students can develop their leadership potential, while at the same time, make a positive impact on people in the community," he said. Tom is hopeful that Circle K will continue to grow and prosper in the future. "I think Emily, the other officers, and the members have done a magnificent job of creating this organization and turning it into a viable and vital club," he said. "I hope that spirit will continue." Before coming to Middlesex in 2001, Tom was the Publications Manager at Kean University and the unofficial assistant advisor to the Circle K club there

*Emily Madera (President)- is a 21 year old from Edison. This is her second year at Middlesex County College. She is a Musical Education major and hopes to one day be a famous music teacher or a high school choir director. Outside of Circle K, Emily has many interests including singing, theater, and having fun with her friends. Circle K has been a very important part of her life for the past three years. Emily first became involved with the organization when she attended Rowan University in 2000-2001. While at Rowan, she first joined CKI and even held the positions of both Treasurer and Scrapbook Chair. She took the positions because it was something she knew would be a lot of fun and that she would enjoy doing, not to mention help her become more involved with the organization. After leaving Rowan, Emily was dedicated to keeping the spirit of Circle K alive. Sadly, the Circle K club of Middlesex County College had been gone for some time. However, after a lot of hard work, Emily was able to bring it back from the dead. She served as President for the 2002-2003 year. During this initial term, she helped to strengthen the club by bringing in several new members, finding various projects, and becoming more involved with the New Jersey District. For this, her second term as President, Emily intends to continue working hard to make Middlesex County College one of the strongest clubs in the district. Her motivation is her own personal feelings about the club/organization. Emily likes what Circle K stands for. To her, the club is all about helping others and having an opportunity to meet new people from all around the world. Her favorite thing about Circle K is having fun with a great group of people, and of all her memories, her two favorites are chartering the club and being able to say that Middlesex County College has active members.

*Matthew Gasero (Vice President/K-Family Chair)- is a 20 year old from East Brunswick. Although he began his college career as a Musical Education major, Matt has since changed to Criminal Justice and hopes to one day become a police officer. Outside of Circle K, Matt enjoys spending time with his friends. Another major part of his life has been his membership in both the East Brunswick and South River Rescue Squads. This will be Matt's second full year as both a member and the Vice President of Middlesex County College Circle K. He originally joined the club to have something to do in his free time (as little as he has). However, he is a treasured member who does give the club all he can to help push them to succeed.

*Tiffany Alexander (Secretary/MD&E Chair/Fundraising

Chair)- is a 20 year old who moved to Sayreville from Staten Island when she was a young girl. Tiffany is in her second year at Middlesex where she is still unsure about a major, but knows that she wants to do something along the lines of a counselor working with younger kids. However, before she begins a serious career, Tiffany also dreams of one day being a cast member of MTV's The Real World...she knows that it is a long shot but feels that you can never know what you are truly capable of until you try. Tiffany has many interests outside of Circle K which include going to clubs/dancing, meeting new people, going to parties, and also having a good time just hanging out with her friends who she adores. There are also times when Tiffany enjoys just watching television, spending time with her family, or just having some alone time. She was involved with several activities during her high school years which included Color Guard (field and indoor), Stage Crew (where she was named Stage Manager her Senior year), and D.E.C.A. (a business/marketing club). Tiffany opted to run for the position of Secretary because she felt that she had the skills required for the position and wanted to do what she could to help make MCC a strong club. Tiffany's goal as MD&E Chair is to help not only build up club membership, but also to get the current members stronger and more involved with the group. She also feels that it is important for members of the club (new and old) to be properly educated about the club and organization as a whole, and she is ready to face that challenge. She also believes that she is up to the challenge of Fundraising Chair. Tiffany has already come up with several ideas that will certainly help the club go above and beyond their fundraising goals for the year. Although it was a friend of Tiffany's who persuaded her to join the club, she has stayed and given all she can on her own terms. The thing that she likes about Circle K is the fact that the group is helping her to develop skills as a leader...she feels this will benefit her greatly when it is time for her to step into the real world and begin her career. The club means a lot to Tiffany and has given her meaningful friendships and wonderful memories she never expected find when she first put her name on that sign up sheet in September of 2002. Tiffany's favorite memories so far include Insight 2002 and District Convention 2003 because they allowed her to both get closer to her club and learn more about Circle K while still having a lot of fun.

*JulieAnne Paszkiewicz (Treasurer)- is a 22 year old who resides in both Parlin (Sayreville) and East Brunswick. JulieAnne is in her third year at Middlesex County College and after some back and forth has settled on a Nursing major. As of September 2003 JulieAnne will be a student of both MCC and the Charles E. Gregory School Of Nursing. Her goal is to one day become a pediatric nurse at either Robert Wood Johnson or St. Peter's Hospital. She has many interests outside of Circle K. Some of these interests include camping, going on trips, hanging out with friends, or just about anything else that should come up. JulieAnne was also both a member and the Vice President of MCC's Lambda Alliance until the club collapsed due to inactivity in the Spring off 2002. Although JulieAnne was not a member of Circle K until the *Certified Trainer- this training session is held for all newly

elected club officers and committee chairs at the start of their

Meet The Board Officers/Chair People Of MCC CKI 2003-2004

the Fall of 2002, she has been well acquainted with the organization for sometime. During her time as a student at St. Mary's Regional High School (now Cardinal McCarick), JulieAnne helped to charter the school's Key Club. In addition, she was also a member of the club's Fundraising Committee, as well as the Projects Committee Chairperson.

*Elizabeth Frenkel (Editor/Service Chair/Scrapbook Chair)is a 22 year old lifelong resident of Sayreville. This is her third full year as a student of Middlesex County College. She is Liberal Arts major with options in both Education (Early Childhood) and English (Literature and Writing). She hopes to one day own a child care center, become a college professor of English, AND even become a great film writer/director who acts on occasion. In addition to Circle K, Liz enjoys theatre (seeing and performing), films (seeing, writing, and making), music/concerts (ALL kinds), going into New York City, reading, writing, and being with her AMAZING friends. This will be her second year in Circle K, having joined in September 2002. Although she began as strictly a member, she became the club Editor and Public Relations Chair after a only few short weeks when the positions became empty and needed to be filled. She was a bit nervous to take on the challenge, however, she ended up loving the position of Editor so much that she ran for it again the following term. Last year she established the club's web site and managed to actually get the club mentioned on the school's web site. As Editor this year, Liz hopes to continue improving the club web site, begin/build up a strong club newsletter, and do whatever else she can to help MCC become a strong, independent, and well respected club. In addition, Liz has also been named the club's new Service Chair where in just the first couple weeks of her term she was able to find a great deal of service projects for the club to do as a group, as well as several projects members can take part in individually. She intends to continue this trend throughout the year so the club will not only meet, but go well above and beyond the service hours goal they set back in April. Finally, she is the club's new Scrapbook Chair and is very excited to be the one responsible for documenting what will be such a wonderful year full of change, development, and good times. The whole reason that Liz has joined the club and continues to put so much into it is simple. She has come to both love and greatly respect the organization and all that it stands for. She feels that the ideas and values of Circle K are what help make this world a better place. Also, she admits that she does have A LOT of fun being a part of this group. Liz does not actually have "favorite" part of Circle K...she feels that each aspect equally brings something special to the experience as a whole. As for her favorite moment...though it would be tough to pick, she would have to go with Insight 2002 because that is where she 1- first got to really see what Circle K is and 2- was able to REALLY meet/get to know the incredible members of her home club for the first time.

*Kasi Le Grand (Fellowship Chair)- is a 21 year old resident of Piscataway. She is currently majoring in Psychology and plans to attain both her Bachelor's and Master's degrees after leaving Middlesex County College. Kasi has decided that she would like to be a Child Psychologist because this field combines two things that she loves and greatly respects...Psychology and children. Outside of Circle K, Kasi has a great deal of interests which include reading, going to clubs/dancing, swimming, going to

amusement parks, and spending quality time with her family which she holds very close to her heart. Kasi is also an active member of the Alter Guild at her church. This group is responsible for the very important tasks of keeping the church clean, organized, and efficiently run. Additionally, Kasi is a part of Middlesex County College's Language Exchange Program. As a member of this group, Kasi meets once a week with a specifically assigned student. She and this student hold various conversations where Kasi teaches the student conversational English and the student teachers her conversational Spanish. This will be Kasi's third year as a member of Middlesex County College Circle K after having been a charter member in the Spring of 2002. For the first year and a half of her membership, Kasi held the position of club Secretary where she worked diligently on the club's minutes as well as MRFs. In addition to her position of Secretary, Kasi also held the position of Fellowship (or Social) Chair. She always took this position very seriously and worked extremely hard to really bring alive the Fellowship aspect of the group. For this, her third term as the MCC Circle K Fellowship Chair, Kasi has several wonderful ideas planned for club socials. She hopes that these activities will not only be a great deal of fun for all those involved, but also give the members an opportunity to truly get to know each other and perhaps even form special friendships that will last through the years. Middlesex County College Circle K was not Kasi's first exposure to the Kiwanis Family. She was inspired by her Grandfather (a former President of the Kiwanis Club of Jamaica) to become involved with Key Club when she entered high school in ninth grade. Kasi greatly enjoys being a member of the K-Family because the organization is so dedicated to helping the children of the world. The club's involvement with the Children's Miracle Network is one of her favorite things about being a part of CKI. However, she also treasures the good times the club has had together and, of course, the great friends she has made. For her, the club is like a second family in many ways. She knows that despite the fact that things may not always work out as planned or that misunderstandings do occur, the club is strong enough to work it out in the end and still manage to have fun and be a success.



Left Right: Eliza-

beth, Tiffany, Kasi, Dennis (Club Member), JulieAnne, Emily, Tom, Matt

Fun Stuff

By- Elizabeth Frenkel

CKI Terms Word Find

M	Ε	K	Т	Р	C	S	Α	S	L	L	S	Р
S	Р	G	Ε	C	I	V	R	Ε	S	R	G	C
В	I	S	D	Υ	R	L	C	I	S	I	Ε	Κ
0	Z	U	W	Ε	C	N	F	S	Р	Α	D	ı
Α	Z	C	F	Ε	L	L	0	W	S	Н	I	Р
R	Α	U	G	I	Ε	Р	U	C	T	C	I	Ν
D	C	Α	R	T	K	Α	L	В	D	Н	G	0
Ε	Н	C	Т	Т	C	I	R	Т	S	I	D	C
L	Α	Ν	0	ı	Т	Α	N	R	Ε	T	Ν	ı
Ε	T	Ε	L	Ε	Α	D	Ε	S	C	Α	Р	Ε
G	Н	Р	I	Ε	I	D	Α	D	I	D	W	L
Α	ı	Κ	1	W	Α	N	I	S	C	G	Υ	Ε
T	G	0	V	Ε	R	N	0	R	L	Ν	Н	G
Ε	ı	Υ	L	ı	М	Α	F	Κ	G	0	Α	Т

Word Find List

-Board	-Delegate	-l-Con	-Kiwanis
-Caucus	-District	-Insight	-Leadership
-Chair	-Fellowship	-International	-Pizza Chat
-Circle K	-FLIP	-K-Family	-Pledge
-D-Con	-Governor	-Key Club	-Service

Word Puzzles

Here are ten different puzzles presented in unusual ways to help you figure out what they mean. The answers are found on the back of this newsletter. Good luck!!!

1- LOVERSTORNLOVERS 2-LOINVE 3- MOTSETION 4- KEVIN E 5- E A G L E

6– MY ROPE I'M 7– FOOL HIS MONEY 8– IWHAT'ST 9– NA NA FISH 10– HOT HOT FOOL HIS MONEY ME ME HANDLE HANDLE ME ME

Movie Title Word Scramble

Here are the titles of ten popular movies. However, as you can see, they are a bit jumbled up. Try to figure out the proper titles by unscrambling what is there. The answers are found on the back page of this newsletter. Good luck!!!

1 – DABKFRTCA 2-SYEN TE HBD SOIO 3 -WURASN OTESPI 4-BENKR NSEV EIEDES 5-TMIAUBCN AEYRAE 6-OET RHWC 7-OTNRMRNS CSI 8-PRTRE SOPRSOEU 9-EAIEPRCI MNA 10-HOACIGC

Middlesex County College Circle K International



Visit Our Web Site: http://www.angelfire.lycos.com/nj4/mcccirclek And E-mail The Club: MCCCKIClubmail@yahoogroups.com



MCC CKI Meeting Information:
The club meets every Monday morning at
11 o'clock in Room #314 located on the third
floor of the College Center of the Main
(Edison) Campus of Middlesex County
College.

Answers To The Word Puzzles

- 1- Torn Between Two Lovers
- 2- In Love
- 3- Set In Motion
- 4-Kevin Spacey
- 5- Spread Eagle
- 6- I'm At The End Of My Rope
- 7- A Fool And His Money Will Soon Be Parted
- 8- What's In It For Me?
- 9- Tuna Fish
- 10- Too Hot To Handle

Answers To The Movie Title Word Scramble

- 1- Backdraft
- 2- Boys On The Side
- 3- Austin Powers
- 4- Never Been Kissed
- 5- American Beauty
- 6- The Crow
- 7- Monsters Inc.
- 8- Super Troopers
- 9- American Pie
- 10- Chicago

Stuff To Look Out For

Compiled By- Kasi Le Grand & Elizabeth Frenkel



2003-2004 Service Projects Ideas

- -A Traveling Play Performed By MCC CKI Members At Various Schools. Hospitals. Etc.
- -A Book Drive For St. Peter's Children's Hospital
- -An October Fest Or Pumpkin Picking Trip For Kids From A School Or Foundation
- -Charity Walks
- -The Adopt-A-Highway Program
- -The Elijah's Promise Soup Kitchen
- -The Monmouth County Big Brother/Big Sister Program
- -A Holiday Food Drive
- -A Holiday Gift Drive
- -A Holiday Shopping Sitter Program
- -An Adopt A Family Holiday Program For Thanksgiving And/Or Christmas
- -A Shopping (Grocery And/Or Holiday) Program For The III And/Or Elderly
- -A Blood Drive
- -A Tutoring Program
- -A "Day Of After School Fun" Program To Be Held At A
- Selected School Each Month
- -The Heart Of America Foundation

2003-2004 Social Ideas

- -Medieval Times
- -Great Adventure's Fright Fest
- -The Macy's Thanksgiving Day Parade
- -A Broadway Play (Possibly Hairspray or Little Shop of Horrors)
- -A Day In New York City (Visiting The Village, South Street Seaport, The Empire State Building, Various Shops, Central Park, Museums, Etc.)
- -A Day Snow Tubing/Skiing
- -A Weekend Trip (Possibly Baltimore Harbor)
- -Bowling
- -A Movie Night
- -Roller Skating
- -Ice Skating
- -A Club Dinner Out (Most Likely A Place Like Fridays, Chilis, Bennigan's, or Uno Pizzeria)