

CISM APPLICATION WITH CHILDREN

A comprehensive examination of how effective crisis intervention and management with children and adolescents can be provided. This two-day course will offer practical guidelines based on recent research for assessment, crisis intervention, and treatment including developmental responses and reactions to trauma and grief. Pertinent information regarding cultural diversity, legal and ethical considerations will also be offered.

Participants will role-play specific crisis scenarios to practice assessment and intervention techniques and will experience art and play techniques often used with traumatized children and adolescents.

Upon completion, participants will be able to:

- Recognize high-risk traumatized children for appropriate crisis therapy referral;
 - List ways to mitigate traumatic stress symptomatology through correct and ethical crisis intervention which is sensitive to child's developmental age, and developmental coping mechanisms;
- Recognize and address trauma and grief symptomatology without retraumatizing the child;
- Formulate crisis response plans within the CISM team to quickly and appropriately respond in cooperation with school communities;
- Recognize and understand children's developmental coping mechanisms; and
 - Identify the steps in conducting debriefings for adolescent suicide deaths.

An excellent foundational knowledge in crisis intervention and Emergency Mental Health skills for those interested in working with children and adolescents in crisis and for those interested in the companion workshop: School Crisis Response: A CISM Perspective.

This course is 15 contact hours.

CRITICAL INCIDENT STRESS MANAGEMENT (CISM): BASIC GROUP CRISIS INTERVENTION

Designed to present the core elements of a comprehensive, systematic, and multi-component crisis intervention curriculum. The program is open to new members of CISM teams and to individuals who are interested in learning about critical incident stress management and crisis intervention. This training session meets the requirements of the Colorado CISM network and the International Critical Incident Stress Foundation (ICISF).

Course topics include: Critical Incident Stress Overview; Overview of CISM Interventions; The Seven Phase CIS Model; Stress Symptoms; The Face of a CISM Team; Defusing Details; Defusing Simulation; The Debriefing Process; and Debriefing Simulation.

Upon completion, participants will be able to:

- Identify major factors that affect the stress response and give examples of each.
 - Define a critical incident. • Describe the basic CISM interventions.
 - Describe a CISM team structure. • List the seven phases used in CIS interventions.
 - Describe the defusing process. • Participate in a simulation of a defusing.
 - Describe the debriefing process. • Participate in a simulation of a debriefing.
 - Role play the introduction in a small group activity.
- Identify the appropriate use of each of the CISM interventions.

This program is 16 contact hours.

CRITICAL INCIDENT STRESS MANAGEMENT, (CISM): INDIVIDUAL CRISIS INTERVENTION & PEER SUPPORT

Crisis intervention is a specialized acute mental health intervention, and has been referred to as "emotional first aid." Most crisis interventions are typically done individually (one-on-one). This program is designed to teach participants the fundamentals and protocol for individual intervention. Participants are provided an opportunity to practice the concepts presented. The training session meets the requirements of the International Critical Incident Stress Foundation (ICISF).

Course topics include: The Role of Individual Crisis Intervention in CISM; Listening and Communication Skills; Crisis Communication Techniques; Questioning Techniques; Psychological Reactions in Crisis; Mechanisms of Action in Crisis Interventions; and The SAFER-R Model of Individual Crisis Intervention.

Upon completion, participants will be able to:

- Describe the role of individual crisis intervention in CISM.
- List at least four fundamental principals of crisis intervention.
 - Demonstrate crisis communication techniques.
 - Describe 2 questioning techniques.
 - Describe common psychological symptoms after trauma.
 - Discuss the mechanism of action in crisis interventions.
 - Describe the SAFER-R model of crisis intervention.

This program is 15 contact hours.

RESPONDING TO SCHOOL CRISES: A MULTI-COMPONENT CRISIS INTERVENTION APPROACH

Educators nationwide and worldwide struggle to establish and manage School Crisis Response Teams in response to the recent escalation in frequency and scope of campus emergencies. Community CISM teams have much to offer, but much to learn about the unique milieu of schools. Similarly, schools can benefit from CISM technology and strategies. This course attempts to develop a common language and approach that fits within the broad goals and specific needs of school crisis management. Working together in multi-disciplinary teams, we explore organizing principles, develop specific skills and culminate in a large incident planning simulation. The Basic CISM course is recommended as a prerequisite but not required, as an overview of techniques will be provided.

This course is 15 contact hours.

THE ROLE OF THE PASTORAL CARE PROVIDER IN CISM

Whether in a civilian or military setting, being able to make a proportional, systematic, coordinated and timely response is the challenge of any CISM team. This course focuses on the pastoral care provider role as a CISM Team coordinator and upon the building of a well-defined, cohesive and capable CISM Team.

The target audience is for pastors, chaplains, lay leaders and those professionals who have a spiritual aspect integrated into their ministry or counseling program. Mental health professionals and peer support personnel will gain an in-depth understanding of their fellow team member's role as a pastoral care provider in CISM.

Day One focuses on the unique contributions that the pastoral care provider's identity and theology interjects into crisis intervention arena.

- A survey of impinging theological issues regarding CISM
- The impact of crisis workers' and victims' expectations on the role of the pastoral care provider
- The impact of theology and faith group on the role of the pastoral care provider
- A theological examination of the seven step debriefing process
- An examination of the role and place of grief versus crisis intervention

Day Two focuses on the role of the pastoral care provider as the team coordinator in CISM

- Defining the role of the pastoral care provider as the CISM Team Coordinator
- Establishing the composition and job descriptions of the CISM team
 - * The value and functioning of a Central CISM Team
 - * Exercise: coordinating a CISM Team response to various types of incidents
 - * Exercise: Dealing with external factors that might restrict CISM interventions (ie: impositions by agencies at the debriefing setting; multiple groups of traumatized personnel and limited number of trained CISM responders, etc.)
 - * Exercise: Dealing with the internal leadership challenges that could render ineffective CISM interventions (i.e.: personalities, budget, team identity and cohesiveness, etc.)

This program is 15 contact hours.

CRITICAL INCIDENT STRESS MANAGEMENT (CISM): ADVANCED GROUP CRISIS INTERVENTION

Designed to provide the experienced provider with the latest information on critical incident stress management techniques and post-trauma syndromes. The program emphasizes a broadened knowledge base concerning critical incident stress interventions established in the Basic program. Special emphasis is placed on troubleshooting difficult and complex situations. This training meets the requirements of the International Critical Incident Stress Foundation. Basic CISM training is a prerequisite for all participants.

Course topics include: Crisis Intervention Concepts; Critical Incident Stress Debriefing; Mechanisms of Action in CISM; Research and Outcome Findings; Post traumatic Stress Syndromes; Troubleshooting Common Problems; Dealing with Difficult Debriefings and Defusings; Mass Casualty or Disaster Application; CISM and Children; The Suicide Debriefing; Grief and Loss; and Application Exercises.

Upon completion, participants will be able to:

- Discuss key crisis intervention concepts.
 - Participate in a CISM simulation and comment on the process.
- Discuss the theoretical basis for CISM.
 - Discuss research evidence regarding CISM.
 - Discuss the pathological consequences of traumatic stress.
 - Identify at least 4 common problems that may be encountered when providing CISM interventions
- Describe key concepts in managing difficult interventions: multiple event CISD, significantly delayed interventions, line of duty death.
 - Describe special considerations in crisis intervention during and following disaster situations.
 - Identify differences in working with children in crisis.
 - Describe special considerations in providing support following coworker suicide.
 - Contrast reactions to acutely stressful situations and grief and loss reactions.

This program is 15 contact hours.

Registration Form For

Critical Incident Stress Management Fall Workshop Series

PLEASE NOTE: Your registration will not be processed until payment is received. Register one person per form. Form may be duplicated. Type or print name as you would like it to appear on your nametag.

Name _____

Affiliation _____

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The University of Wyoming is committed to making this conference accessible to all individuals. If you have a disability and require accommodations to participate in this activity, or require special dietary needs, please check here. If you have special dietary need, please check here. You will be contacted by someone from the Office of Conferences and Institutes to discuss your specific needs.

Conference Registration Fee:

• CISM Application With Children		
Participant Registration before 10/15/03\$150	\$ _____
Participant Registration after 10/15/03\$160	\$ _____
Student Registration before 10/15/03\$ 85	\$ _____
Student Registration after 10/15/03\$ 95	\$ _____
• Basic Group Crisis Intervention		
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Participant Registration after 10/15/03\$160	\$ _____
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Student Registration after 10/15/03\$ 95	\$ _____
• Individual Crisis Intervention & Peer Support		
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• Responding to School Crises		
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• Role of the Pastoral Care Provider in CISM		
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Student Registration after 10/15/03\$ 95	\$ _____
• Advanced Group Crisis Intervention		
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Student Registration after 10/15/03\$ 95	\$ _____

TOTAL FEE ENCLOSED..... \$ _____

- ◆ Make checks payable to UW/Critical Incident Management
- ◆ Sending a Check or Money Order to: Critical Incident Management, UW Conferences & Institutes P.O. Box 3972, Laramie, WY 82071-3972
- ◆ To register by phone: 1-877-733-3618, ext. 1; 307-766-2124 or FAX (307) 766-3914, you must use a VISA/MasterCard, or AMEX card.
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- ◆ For registration information call (307) 766-2124 or 1-877-733-3618, ext. 1
- ◆ For conference content information contact: GeorgeDoherty@mail2Consultant.com (307) 745-1372
- ◆ Cancellations must be received in writing. Cancellations received seven business days prior to workshop will receive a full refund. Cancellations received less than seven business days prior to workshop will receive a full refund minus a \$20 processing charge.
- ◆ No refunds for no shows.

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Disaster Mental Health Institute
and WyoCARE
present:

**3RD ANNUAL CRITICAL INCIDENT
STRESS MANAGEMENT TRAINING
WORKSHOPS**

- **CISM APPLICATION WITH CHILDREN** ~ *Anne Balboni*
November 12-13, 2003 8:00 am to 4:30 pm Laramie, Wyoming
- **CRITICAL INCIDENT STRESS MANAGEMENT (CISM):**
Basic Group Crisis Intervention ~ *Nancy Rich*
November 14-15, 2003 8:00 am to 4:30 pm Laramie, Wyoming
- **CRITICAL INCIDENT STRESS MANAGEMENT (CISM):**
Individual Crisis Intervention & Peer Support ~ *Patricia Tritt*
November 14-15, 2003 8:00 am to 4:30 pm Laramie, Wyoming
- **RESPONDING TO SCHOOL CRISES:**
A Multi-Component Crisis Intervention Approach ~ *Anne Balboni*
November 14-15, 2003 8:00 am to 4:30 pm Laramie, Wyoming
- **THE ROLE OF THE PASTORAL CARE PROVIDER IN CISM**
~ *Kevin Grenier*
November 21-22, 2003 8:00 am to 4:30 pm Casper, Wyoming
- **CRITICAL INCIDENT STRESS MANAGEMENT (CISM):**
Advanced Group Crisis Intervention ~ *Patricia Tritt*
November 21-22, 2003 8:00 am to 4:30 pm Casper, Wyoming

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FEATURED PRESENTERS



ANNE BALBONI, Psy.D, EMT I\C

Anne Balboni is the state coordinator and clinical director of the statewide Rhode Island Critical Incident Stress Management TEAM, Inc. She is the Eastern Liaison for the ICISF. As an educator, Anne has over forty years experience in the teaching field, twenty-eight years as an EMT and twenty-one years as an EMT Instructor. Additionally, she is a recognized trainer for the ICISF Basic, Peer, Advanced and School courses. Anne serves on the Rhode Island Task Force for Disaster Mental Health. Private practice includes CISM intervention, education and consultation with emergency service organizations, schools and industry. Anne holds certification with the American Academy of Experts in Traumatic Stress and is a member of the International Association of Traumatic Stress Specialists.



KEVIN GRENIER, M.Div.

Kevin Grenier is the Executive Pastor of Open Door Fellowship in Denver. He has done ministry with homeless people since 1991. He has also served in the Air Force as an intelligence officer and chaplain. He is currently a USAF reserve chaplain. Chaplain Grenier teaches a course on pastoral response to crises and disasters at Denver Seminary. He has been on the Southern Colorado and May-flower CISM teams. He received his M.Div in pastoral counseling from Denver Seminary and is level II trained in TFT & EMDR.



NANCY RICH, M.A., LPC, C.T.S.

Ms. Rich has over 29 years of experience in the Emergency Mental Health field. She is Director of Trauma Management Consultants, a firm that consults with businesses after critical incidents. She also serves as Clinical Coordinator of the Mayflower Critical Incident Stress Debriefing Team in Denver. Ms. Rich has lectured and consulted nationally and internationally on first responder stress, behavioral emergencies, crisis intervention and disaster psychology. The American and International Critical Incident Stress Foundations have both presented Ms. Rich with awards for outstanding contributions in the field of Critical Incident Stress.



PATRICIA TRITT, RN, MA

Director of EMS and Trauma for HealthONE in Denver, CO, Ms. Tritt has been actively involved in Emergency Medical Services and Trauma systems for over 20 years. In 1985, she organized the Mayflower Critical Incident Stress Management Team, and continues as team coordinator. She has also coordinated the Colorado Critical Incident Stress Management Network since 1988. Ms. Tritt has been an active lecturer and CIM team trainer for over 15 years. She is an approved trainer for basic and advanced courses and has conducted training across the U.S. and in Canada and Australia. She is a certified trauma responder and contributing author on stress and EMS issues for numerous emergency services texts.

GENERAL INFORMATION

Credit: The following credit has been approved:

- POST units
 - CEU's by the Wyoming Psychological Association
- These workshops meet Wyoming Mental Health Professions Licensure Board criteria for Continuing Education.

The following credit has been applied for: Graduate Credit and PTSB Credit

Registration: Space is limited for this conference. Registration form & payment must be received seven days prior to workshop date in order to ensure enrollment. Current full-time students can attend workshops at a discounted rate. You must include a copy of your current student ID with your registration form to be eligible for this discount.

Accommodations:

Laramie Workshops: Rooms have been reserved at Howard Johnson's with a special rate of \$55/night + tax. To receive the special rate *YOU must call* (307) 742-8371 7 days before workshop and mention you're with the Rocky Mountain Region Disaster Mental Health Institute.

Casper Workshops: Rooms have been reserved at the Casper Holiday Inn with a special flat rate of \$63/night + tax. To receive the special rate *YOU must call* (307) 235-2531 or 1-877-576-8636 and mention you're with the Rocky Mountain Region Disaster Mental Health Institute. You must call before 11/8/03.

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