# **CONFERENCE PRESENTATIONS**

(Days are tentative)

- PSYCHOLOGICAL TRAUMA AND PSYCHOLOGICAL DEBRIEFING A
   HISTORICAL PERSPECTIVE (Rose): This session briefly describes a historical
   perspective of psychological trauma and the development of the intervention of
   psychological debriefing. Also described is the development of debriefing arising out
   of work done by an American military historian in World War II. This paper therefore
   offers a brief general historical view of the subject, with particular reference to the
   intervention known as psychological debriefing.
- EVIDENCE BASED PRACTICE AND PSYCHOLOGICAL DEBRIEFING (Rose):

  Evidence based practice is increasingly being used to make treatment policy decisions.

  This session describes the basis and rationale of evidence based practice in counseling and psychotherapy including the use of systematic reviews and the work of the Cochrane Collaboration. The application under discussion will be the examination of the empirical evidence surrounding single session psychological "debriefing" for adults.
- CRITICAL INCIDENT STRESS DEBRIEFING (CISD) IN RURAL
   COMMUNITIES (D'Andrea, Abney, Swinney, Ganyon): Emergency crews in rural
   areas face certain challenges that urban crews may not. These challenges center mainly
   around the fact that people in small communities tend to know each other and that
   many emergency workers are volunteers who give up time with their family to work
   in the service of their community. This session reviews the seven debriefing stages and
   suggests how each stage might be adapted to emergency personnel in rural
   communities.
- RANCHING IN THE WEST: IS IT HAZARDOUS TO YOUR HEALTH? (Weigel): This presentation will hypothesize that conditions in the West and ranching culture, including the rural geography, image of the cowboy, the social fabric of the rural lifestyle, and the "health" of agriculture, can negatively impact the delivery of rural health and the attitude of ranchers and farmers toward seeking help for personal problems. Strategies that are used to improve the availability and acceptance of rural mental health services will be highlighted. This presentation is not meant to diminish the benefits of the quality of life in the West-but asks, "At what price?"
- PREPARING NONSCHEDULED AIR TOUR OPERATORS AND THE RURAL COMMUNITIES IN WHICH THEY FLY TO DEAL WITH FATAL AVIATION INCIDENTS (Curtis): The Aviation Disaster Family Assistance Act of 1996 requires large, scheduled airlines and air charter companies to have detailed plans for dealing with fatal aviation incidents on file with the National Transportation Safety Board (NTSB). Smaller commercial aviation enterprises were not included in the Aviation Disaster Family Assistance Act of 1996. This session outlines steps that can be undertaken by small nonscheduled commercial aircraft operators, local airports, various governmental jurisdictions and volunteer agencies to prepare for fatal air incidents that are not encompassed by Aviation Disaster Family Assistance Act of 1996.
- TRANSFORMING THE HURT OF HELPING: MANAGING THE COMPASSION STRESS OF DISASTER WORKERS (Figley): Disaster workers at times experience distress from working with people who have been impacted by disaster, particularly if the event is of a catastrophic nature. Some workers may suffer from the cumulative effects of extended or numerous deployments. This workshop will provide disaster workers with necessary tools to prevent, assess and recover from compassion fatigue.
- OVERVIEW OF WYOMING HOMELAND SECURITY (Moore): This presentation provides a perspective on Wyoming Homeland Security, with a focus on the difficult challenges ahead for Wyoming residents and first responders.
- EXPLORING SOLUTIONS FOR DOMESTIC VIOLENCE AND POVERTY IN WYOMING (Bratton): Domestic violence and poverty are interwoven. Significant numbers of low-income women in Wyoming are battered, and the violence they

- experience can make the climb out of poverty impossible. Poverty, in turn, makes it more difficult to end domestic violence and heal its effects. This workshop provides an opportunity to examine how poverty makes it difficult to deal with domestic violence, how domestic violence undermines financial stability and possible strategies for effective change.
- RESPONDING TO LOSS IN A FRONTIER STATE (Price, Bunn): On September 16, 2001, just 5 days after 9/11, eight University of Wyoming athletes were killed in a motor vehicle accident. As the university was responding to the needs of its community in reaction to the events of 9/11, it had to quickly shift to dealing with a tragic loss in its own neighborhood. The presenters will discuss how they responded to the university athletic community, and their on-going treatment of those who remain traumatized by this loss.
- CRITICAL ELEMENTS OF TRAUMA INTERVENTION (Jones): The purpose of
  this presentation will be to discuss some of the critical considerations necessary for
  appropriate, effective intervention in treating a wide range of trauma patients. Areas to
  be considered are: debriefing, assessment and treatment. Also to be addressed are the
  use of expressive therapies as intervention methodologies, taking care of the
  caretakers, adherence to the difference of responses to trauma across genders and
  understanding the trauma of working with trauma.
- USING CRISES FOR GROWTH (Weber, Lamb): This session talks about what the Crisis Center does, why crisis is a time of growth and how to help families use this time
- CAMP NOAH A THERAPEUTIC DAY-CAMP (Bernard): Spiritual supports aid
  many in coping with crisis events. Biblical stories can provide glimpses into the
  teachings of modern day Christianity. The story of Noah is reviewed and brought to
  life in a therapeutic day camp for children, K-6th grade. This seminar will review the
  structure of Camp Noah and the theoretical underpinnings. Participants will gain
  insight into how to apply spiritual stories from their own cultures to assist children in
  coping with traumatic events.
- CHILD TRAUMA RESPONSES AND INTERVENTIONS AN OVERVIEW
  (Bernard): Children are not small adults. Children have common and unique
  responses to crisis events. This seminar will review the known uniquenesses of
  childhood responses to crisis and offer suggestions for assisting in the positive
  resolution of trauma. A review of the programming made available post 9-11-01 from
  New York University for children in the New York area will be provided.
- THE GATEKEEPER PROGRAM, SAVING ONE LIFE (Smith): Wyoming and the
  Rocky Mountain Region continue to have some of the highest suicide rates in the
  United States. The Gatekeeper program is designed to educate professionals and lay
  people alike about the facts, myths and stigma associated with suicide so as to better
  prepare all individuals to intervene. It is the goal of the Mental Health Task Force at
  Ivinson Memorial Hospital, Laramie, Wyoming, to provide this program to reduce
  suicides by referring people who are at risk for mental health services.
- "BUT IT WAS REAL!" GRIEF WORK WITH CHILDREN OF 9/11 VICTIMS: PERSONAL TRAUMA, MEDIA TRAUMA, VICARIOUS TRAUMA OF THE IMAGINED, CONTINUING TRAUMA (Loumeau-May): This presentation will explore bereavement work done with children whose parents died in the terrorist attacks of 9/11/01. How children experience "normal" and traumatic grief will be discussed. Comparisons will be made between diverse types of unexpected death such as heart attack, drowning, car accident, suicide, and terrorist attack. The implications for differential grief reactions and grieving issues particular to the types of trauma will be discussed. Art Therapy imagery and techniques will illustrate aspects of traumatic grief as well as the therapeutic process itself.

### **REGISTRATION FORM**

**PLEASE NOTE:** Incomplete registration forms will not be processed. Because participation in this conference is transcripted, we require social security numbers and birthdates.

Payment must be made at the time of registration unless we are provided a company or agency billing name and address. Billings are net 30 days. After 30 days, late fees will be charged.

## EARLY BIRD REGISTRATION DEADLINE: APRIL 9, 2004 (No refunds after April 9)

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ALL CONFERENCE FEES INCLUDE LUNCH/BREAKS/THURSDAY RECEPTION					
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Registration after April 9					

Credit cards, purchase orders, money orders and checks accepted.

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CEUs (2.45 CEU, 24.50 contact hours) have been applied for from the Wyoming Psychological Association.

**Accomodation** is available at the Holiday Inn, Casper. Rate is \$61/night until April 6. Phone (877) 576-8636 or (307) 235-2531. Fax (307) 473-3110. Address is 300 West F Street, I-25 exit 188A at Center Street.

#### TO REGISTER

PHONE:

**Full conference** 

☐ \$110 - students

☐ \$200 - professional

Full Legal Name

FAX:

Single day (circle which day(s) you will attend the conference)

4/22

(800) 442-2963 ext. 2212 or (307) 268-2212

□ \$90

307-268-2224

4/23

MAILING ADDRESS:

Crises In Rural America Conference Casper College

Continuing Education/Community Service 125 College Drive

Casper, WY 82601

#### CONFERENCE CONTENT QUESTIONS, PLEASE EMAIL:

georgedoherty@mail2consultant.com or conference@mail2wyoming.com