



Western Australian Swimming Association (Inc)

SWIM SCENE

18th November 2003

Issue # 5

Welcome to the fifth issue of Swim Scene!

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- [3km Leighton Beach Open Water Swim](#)

The Leighton Beach to Port and Back Open Water swim will take place on Saturday the 29th November 2003 at Leighton Beach. The swim is the perfect opportunity to get back into the swing of Open Water swimming.

Registrations will take place at 8.00am with an event briefing at 8.30 before the race commences at 9.00am. The swim is open to all swimmers aged from 10yrs + with age groups being 12 yrs and under (min age 10), 15yrs and under, 17yrs and under and 18yrs and over.

Entry fees are \$10 per person. Entries can be submitted using the standard WA Swimming Meet Entry Cards.

Registered members must complete The Leighton Beach swim to be considered for the Age Open Water State Team. This swim is one of three compulsory swims for state age selection.

Entries close on Friday 21st November 2003. Post entries to WA Swimming Association, PO Box 205, Leederville 6903 or drop them off at the WA Swimming office at Beatty Park Leisure Centre, Vincent Street, North Perth. The swim is open to WA Swimming Association Registered members only.

COACHING

- [Green License Swimming Coaching Course](#)

The Green License is the new entry level course for candidates who are keen to enter the swimming coaching industry. Candidates are required to attend all sessions of the course, become a member of ASCTA, successfully complete the theory and practical assessment tasks and sign onto the Coaches Code of Conduct to gain accreditation.

Next courses -

Country

Region 6 - Paraburdoo

Date: 29 & 30 November, 2003
Venue: Paraburdoo Swimming Pool
Visiting Coach: Rod Bonsack
Time: approx. 9:00am – 5:00pm each day
Cost: \$220 (inc. GST)

Region 6 - Kununurra

Date: 6 & 7 December, 2003
Venue: Kununurra Leisure Centre
Visiting Coach: Mel Tantrum

Time: approx. 9:00am – 5:00pm each day
Cost: \$220 (inc. GST)

Metropolitan

Date: 7 & 8 February, 2004
Venue: TBA
Time: approx. 9:00am – 5:00pm each day
Cost: \$220 (inc. GST)

DEVELOPMENT

- **2003/04 Shell Novice Swim Meets**

The 2003/04 Shell Novice Swim Meet season is underway. Over 20 clubs have an excellent opportunity for swimming clubs to conduct a Novice Meet to increase their membership. Shell Meets include 50m events for 8 – 14 year olds and 25m events for 6 -7 year olds. Multi-disability events are offered at select venues.

- **Swimming Pool Meets**

Next meets -

7 Dec, 2003	Rossmoyne SC	Rossmoyne SHS
14 Dec, 2003	Exmouth SC	Paltridge Pool
14 Dec, 2003	Wundowie SC	Wundowie Pool

- **Open Water Swim Meets**

The Shell Meets are expanding to Open Water this season! 8 – 14 year old club swimmers **OR** novice swimmers can participate in introductory Open Water Swim events over summer. Distances have been modified to encourage all swimmers to come and have a go!

Program of events -

8 – 10 years	Girls & Boys	500m
11 – 12 years	Girls & Boys	750m
13 – 14 years	Girls & Boys	1500m

Next meet –

6 Dec, 2003	WA Swimming	Sorrento Beach
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- **SunSmart Breakfast with the Stars**

A fantastic opportunity for swimmers to meet some of WA's top swimmers and have a chat over breakfast. Schools are able to nominate swimmers students aged between 8 – 14 years who are interested in the sport of swimming to attend this special breakfast. Students and teachers will receive breakfast, a SunSmart promotional pack and be able to meet some of WA's best swimmers.

Date: Wednesday 3rd December, 2003
Venue: Champion's Club, Challenge Stadium
Time: 7:30 – 8:30am
Cost: Nil

- **SunSmart School Swim Clinics**

WA Swimming & Challenge Stadium have formed a partnership for Term 4, 2003 to offer schools clinics for swimmers as well as professional development for their school teachers. These clinics will be conducted at Challenge Stadium. All SunSmart School Swim Clinics are free of charge.

Swimmers will receive professional coaching with a focus on dives starts, relay changeovers, safe warm ups and marshalling procedures. Teachers will receive instructions on Challenge Stadium Emergency Evacuation Procedures, Electronic Timing information and Scoreboard capabilities.

WA Swimming is also keen to conduct SunSmart School Swim Clinics for schools at local aquatic centres and at your school swimming pool.

Next clinic -

21 November, 2003	St Thomas PS	9:30am – 10:30am
3 December, 2003	Forrestfield SHS	10:00am – 12:00pm

- **SunSmart Talent Identification Clinics**

WA Swimming in conjunction with the Education Department's INTERM Swimming Program has the talent scouts out and about in the Term 4 Interm Swimming Program. Talented swimmers, not currently involved in a swimming club, will be identified and invited to attend a free swimming clinic as an introduction to the sport of swimming

Next clinics –

Date: Sunday 7th December, 2003
Venue #1: YMCA Aqua Jetty, Warnbro
Time: 10:00am – 12:00pm
Venue #2: Challenge Stadium
Time: 10:00am – 12:00pm
Venue #3: Arena Joondalup
Time: 10:30am – 12:30pm

- **SunSmart Performance Clinics**

SunSmart Performance Clinics are designed as coach education weekends as well as swim clinics for age group swimmers in regional areas. Clinics involve both practical and theoretical sessions that focus on a range of training and competition strategies. Coaches are able to use SunSmart Performance Clinics as professional development for Reaccreditation Update Points and also tutor coach hours.

Next clinics –

29 & 30 Nov, 2003 Region 2 Narrogin Dion Mepham

Registrations for SunSmart Clinics are to be made with your region coordinator.

- **Austswim Course Dates**

AUSTSWIM Teacher of Swimming & Water Safety Course**November**

Armadale/Fri 21, Sat 22 & Sun 23
Geraldton/Fri 21, Sat 22 & Sun 23
Albany/Fri 28, Sat 29 & Sun 30
Esperance/Fri 28, Sat 29 & Sun 30
Katanning/Fri 28, Sat 29 & Sun 30
Kununurra/Fri 28, Sat 29 & Sun 30

December

Northam/Fri 5, Sat 6 and Sun 7
UWA/Tue 9, Wed 10 and Thu 11
Beatty Park/Tue 9, Thu 11, Sat 13 and Sun 14
Narrogin/Fri 12, Sat 13 and Sun 14
Jerramungup/Fri 12, Sat 13 and Sun 14
UWA/Tue 16, Wed 17 and Thu 18
Gosnells/Mon 29, Tue 30, Sat 3 and Sun 4 Jan

AUSTSWIM Teacher of Infant Aquatics Course

Narrogin/Sat 6 and Sun 7 December

That's it for this week. Please print out a copy of Swim Scene for your staff notice board and circulate Swim Scene throughout your networks. For more information or to subscribe a friend to receive Swim Scene please visit the WA Swimming website at www.wa.swimming.org.au

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