



LCHA Roundup

www.larimerhorseman.org

LARIMER COUNTY HORSEMAN'S ASSOCIATION

May, 2011

Human: Meet Horse – Equine Stress Control

Larimer County Horseman's Association May Program

May 5, 2011

7 until 9 PM

Gilnocky Equestrian Center
20242 Weld County Road 5, Berthoud CO 80513

Maxine Doner, ESMT 2, RN

Maxine has been raising, training, and breeding her Tennessee Walking horses for 15 years. Maxine is a registered nurse. She has been doing equine massage, energy work, acupressure, and laser to assist healing for over 10 years. She also uses essential oils to enhance training and massage. Maxine assists people in learning ground work with their horses, equine stress control, and general horse keeping/partnership issues. She also assists in basic riding skills.

Maxine will demonstrate Equine Stress Control. It is a process that uses hand motions and tapping on the body to help horses to be in their thinking mind instead of their reactive or flight/fight mind. It is a variation of the process used on people for Post Traumatic Stress Disorder. Before the fearful situation is introduced, the handler uses the full tapping protocol. Then the handler introduces the stressful situation (barn sour issue, tarp, plastic bags, water, trailer loading.....), and when the horse shows a resistance or fear response, the handler taps further. Then, when the horse relaxes, it is allowed to retreat. The handler repeats this approach/retreat/tapping until the horse achieves a relaxed attitude with the situation. With a barn sour situation, this will be used over a course of days (depending upon the severity of the behavior) until overcome.

The rider can use this technique from the saddle as well. Maxine was able to rehab a very dangerous mare using this technique when nothing else I tried worked.

We are looking for a few volunteer horses for this presentation, preferably horses that currently have some fear issues that need to be dealt with.



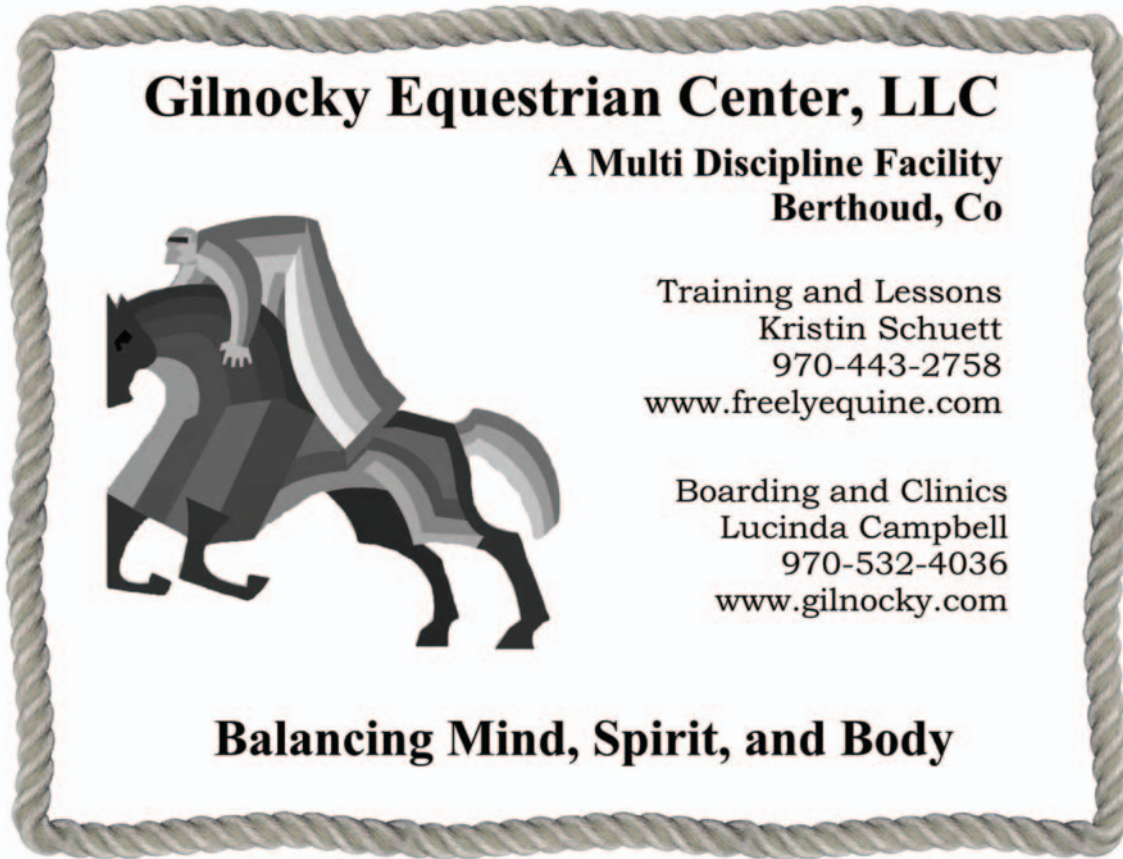
Please contact me ASAP if you are willing to have your horse as a participant.

Bonnie Robinson
Program Director
bonnie.robinson@msn.com
970-217-1113

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Gilnocky Equestrian Center, LLC
 A Multi Discipline Facility
 Berthoud, Co



Training and Lessons
 Kristin Schuett
 970-443-2758
www.freelyequine.com

Boarding and Clinics
 Lucinda Campbell
 970-532-4036
www.gilnocky.com

Balancing Mind, Spirit, and Body

Paid Advertising

Early Bird Specials !!

2011 Dates

**April 23 • May 14 & 15 •
 June 11 & 12**



Early Bird Special: Take 20% off the clinic price. Clinic must be paid in full before April 1, 2011.

Little Bird Special: Take 10% off the clinic price. If you missed the previous discount, you can still have a good saving. Clinic must be paid in full between April 2 to April 13, 2011.

One day \$125.00 and each two day clinic is \$225.00 per rider and horse. Auditors \$20.00



We enjoy a gentle approach , commonly referred to as Natural Horsemanship, and the principles Sally Swift shares in her books *Centered Riding* and *Centered Riding 2: Further Exploration*.

Mountain Magic Ranch LLC

Joe and Kim Andrews
 101 South County Road 29
 Loveland, CO 80537
 970-613-0121
www.mountainmagicranch.com



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LCHA Annual Training Activity and Picnic

On June 25, 2011 LCHA will hold its annual training activity, picnic, and election of next year's board members.

Training Activity

We will be freshening up our skills with trail obstacles in the arena at Paul and Kay Thomson's ranch.



Plus a friendly trail class competition will end the days activity. You will be taught and judged upon your horsemanship skills, quality of communication, abilities to negotiate the obstacle, and rider balance/equitation.

- Arrive at 9:00
- Prompt start at 9:30
- Ends at 12:00

Picnic

The picnic is just that – a picnic. LCHA provides hamburgers cooked on the grill, beverages, and condiments. Note: Paul Thomson cooks the hamburgers to perfection. Yum! You bring a dish to share.

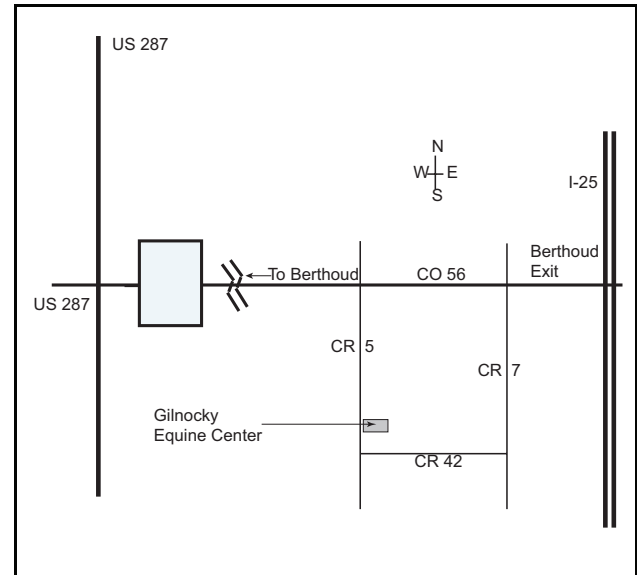
Please RSVP for both events to Kay Thomson at 970-443-7111 (cell) or 970-532-2443 (home), e-mail kay@lpbroadband.net

- Picnic: arrive at 12:00
- Picnic: eat at 1:00

Directions to Gilnocky Equestrian Center

Gilnocky Equestrian Center, 20242 W.C.R. 5, Berthoud, will host the May meeting. Here's how to get there:

Directions



From North, South, or East:

- Take I 25 to the Berthoud exit (Colorado 56).
- At the end of the exit ramp, turn west onto CO 56 toward Berthoud.
- Follow CO 56 about 2 miles to County Road (CR) 5.
- Turn left (south) onto CR 5.
- Follow CR 5 about 3/4 mile. Gilnocky Equestrian Center is on the left (east) side of the road.

From West or South:

- Take US 287 to Berthoud.
- On the east side of Berthoud, where US 287 makes a 90 degree curve toward Loveland, turn east onto Colorado 56.
- Follow CO 56 about 3 miles to County Road (CR) 5.
- Turn right (south) onto CR 5.
- Follow CR 5 about 3/4 mile. Gilnocky Equestrian Center is on the left (east) side of the road.

Special Notice Regarding Your LCHA Membership

The LCHA membership year runs from June 1 through May 31. Now is the time to renew your membership for the 2011/2012 LCHA year.

You should receive a post card soon reminding you to renew your membership, and you will see another reminder in the next two or three newsletters. We don't want you to miss all the great activities planned for the year just because you forgot to renew.

So stick around. Take a moment now to send your renewal check to

Larimer County Horseman's Association
P.O. Box 270375
Fort Collins, Colorado 80527-0375

Thanks, and see you around.

"Take Me Out To the Ball Game, ... "

As some of you are aware, the Rockies work with nonprofit groups to help with their gate "promotions." What this means is that you get to play "Santa Claus" at the gate, hand out whatever free item is being given away that day, and also get a free ticket to that day's game! Larimer County Horseman's Association is looking for the first 25 volunteers to work the June 29th game!

It is a Wednesday. The game begins at 6:10, and we are to arrive at 3:45. I have done this several times, and have nearly always been in my seat by opening pitch. The club, LCHA receives \$500, and it is one of our major fund-raisers each year. I have 1 additional free parking pass to give away. I will give it to the first person that asks me for it, and can take some extra riders, and will commit to being there. :)

Please call or e-mail me to reserve your spot! You do NOT have to be a member of LCHA to volunteer for the Rockies game fund-raiser for the club. Kids can work if they are 16 or older, and if you have one younger, I may still be able to get a ticket for them too, even though they are too young to work.

I have 2 spots to ride in my car, so I can take the first 2 people who would like to carpool down with me. I also have a parking pass.

Kay Thomson
970-443-7111

"If you can read this, thank a teacher, and if you think education is expensive, try ignorance!"

A Newbie's Perspective on Ranch Sorting



I grew up riding English. You know, that little saddle my cowboy friends call a "postage stamp" or a "mud flap." I now ride western frequently and most of my students take western lessons from me, but I'd never worked cattle before. So in the spirit of learning something new, and wanting to give my horse a break from lessons, I attended the RSNC Ranch Sorting Clinic at CSU on March 19th.

The clinicians were patient, experienced sorters who gave us all plenty of opportunity to practice, make mistakes, and improve our abilities. Although I'd watched a bunch of RSNC videos ahead of time to better understand the sport, I was surprised at how much strategy is involved. What should you do when your partner sends a small clump of cows toward you at

the gate, but you only want one to duck into the other pen without the others?

My basic knowledge of cows was they have four stomachs, they snot a lot, and they taste best grilled medium-rare. My horse, Blue, was ahead of me, having lived on a ranch in Steamboat Springs. I'm guessing he had only done some gentle herding in the past, but once he realized we were trying to separate one cow away from the herd, he really got into it. He never did figure out why I wouldn't let him keep running after a cow after it had passed into the other pen, but he was quite happy to give chase whenever it was our turn. And even when it wasn't.

Part way through the clinic, Blue decided he didn't like big black steer #3. At one point when a group of us were waiting our turn to practice, Mr. #3 had been chased into our pen and decided to square up and approach Blue. My gentle mount, who safely packs around timid 6-year-old girls in their riding lessons, decided he was going to put that steer in his place. With ears flat back, he lunged at the steer, teeth bared and ready to make himself a burger. Then he popped back into the group as though he was hoping I hadn't noticed. We all laughed in wide-eyed, jaw-dropped surprise. So Blue is a cow horse, too.

In all, I learned some new skills, found another (appropriate) outlet for my competitive nature, and discovered a new side of my already versatile gelding. Sure, cantering across hillsides and jumping fences – even at the same time – is exhilarating, but sorting is pretty fun too. And much safer. I just might be hooked.

Kristin Schuett

LCHA Roundup is a newsletter of the Larimer County Horseman's Association (LCHA), P.O. Box 270375, Fort Collins, CO 80527-0375.

*Editor: Hugh Templeton, 970-622-0982
hught@lpbroadband.net*

The LCHA Board of Directors:

- President, Kim Andrews 970-613-0121*
- Vice President, Ted Newport 970-397-9591*
- Secretary, Susan Kurzweil, 970-663-6738*
- Treasurer Gary York.....'970-203-0144*
- Immed Past Pres, Jillian L'Ecuyer..... 970-568-9526*

Committee Managers and Members at Large:

- TJ Newport, Web Master..... 970-397-6986*
- Joe McClellan, At Large..... 970-*
- Hugh Templeton, Emergency Evacuation 970-622-0982*
- Racheal Cohen, Membership 720-273-4798*
- Toni McConnell, Membership 970-217-0287*
- Bonnie Robinson, Program 970-217-1113*
- Bonnie Templeton, At Large..... 970-622-0982*

LCHA Roundup thanks the following persons for their contributions:

Racheal Cohen— preparing the newsletter for mailing.

If you have ideas, comments, or questions about LCHA, horses, the horse industry in Larimer County, or this newsletter, send them to the editor.

Ranch Sorting Is a Hit

Hi Everyone;

I just wanted to send a shout out to Ted and TJ Newport, who helped organize and get LCHA a discount for the Ranch Sorting Clinic up at the CSU Arena. I rode in the 8:30 AM clinic and there were only 4 teams in our corral. Sarah and I had our fill of runs. It was totally fun, well organized, and a good value. Thank you Ted and TJ for setting this up for us. Can't wait to see pictures and attend next year!

Susan Kurzweil

IMPS Co-Regional Coordinator for CO, UT and WY
minpinrescue.org

Trails, Trails, Trails

Hi all, it's that time of year again, when we all start riding the trails. On April 9, 2011 we will be having a trail ride leaders clinic for all interested.

Who should attend this clinic? All current trail ride leaders are encouraged to come, along with anyone who has an interest in becoming a trail ride leader.

The clinic starts at 10:30 AM, with an arrive time of 10:00 AM.

This clinic will be a two part clinic, with the first part in the morning, of a classroom style session, where we go over all the details, and give you all the info you need. In the afternoons, we will go out for a short ride to apply some of the principles we learned earlier.

The clinic is being held at Kim and Joe Andrews house. For more info about this clinic, please contact Ted Newport Jr. at (970) 397-6986.

Ted Newport Jr.
Larimer County Horseman's Assoc.
Trail Ride Coordinator/Webmaster
(970)-397-6986

*"There are only two emotions that belong in the saddle:
one is a sense of humor and the other is patience."*

Trail Maintenance Schedule for 2011

Day/Date	Trail	Arrive
Sat/ June 4	Lion Gulch Hugh Templeton, 970-622-0982	8:30 AM
Sat/ July 16	Nomad Trail, Horsetooth Mountain Park Hugh Templeton, 970-622-0982	9:00 AM
Sat/ Aug 13	Lion Gulch Hugh Templeton, 970-622-0982	8:30 AM
Sat/ Sept 17	Lion Gulch Hugh Templeton, 970-622-0982	8:30 AM

If you have questions regarding LCHA Trail Minders, or if you want to sign up for a specific trail maintenance trip, call or email Hugh Templeton at 970-622-0982 or hught@lpbroadband.net.

We have now confirmed with Larimer County which trail we will work on this year – Nomad. Don't know where Nomad is? Join us on July 16.

Trail Minders, Take Note



Our next trail maintenance trip is on Saturday, June 4, at Lion Gulch. We meet at 8:30 AM at the trail head, and usually work until about 1:00 PM before returning to the trail head. Put it on your calendar to be sure that you don't miss a chance to be on this beautiful trail.

Call Hugh Templeton at 970-622-0982 or email him at hught@lpbroadband.net to sign up or if you need directions.

Let's be proud to be LCHA Trail Minders. See you on the trail.

Larimer County Remains Horse Friendly

City of Boulder City Council Overturns Agreement, Shows Unfriendly Attitude Toward Horses

In a disappointing decision, the Boulder City Council overturned an agreement with the horse community in Boulder County. The agreement had been the product of many hours of work by city of Boulder open space staff and representatives of equine interests. It was a compromise.

But the City council, with no notice or opportunity for public comment, in the words of Suzanne Webel of Boulder Horse Association, “disregarded the expertise of the staff they hired and the Board they appointed, as well as the combined testimony of hundreds of members of the public (including about 60 equestrians). IN one flee swoop, they banned horses from going off-trail anywhere on open space, including areas specifically designated for passive recreation; they banned us from at least one of our favorite trails; and they vetoed even consideration of future trailer parking opportunities because the didn’t want ‘more’ horses out there in open space. All those things had specifically been agreed upon in the CCG process. They were an integral part of the deal.”

Larimer County Is Welcome Contrast

By way of contrast, I had a great conversation with Kim Wolf, the Head of larimer County’s trail crew, about the importance of equestrian groups participating in trail maintenance and its relationship to trails being open to horses. Kim agreed that the effort LCHA puts into trail maintenance directly results in the trails being open to horses.

Kim related how much she appreciates the quality of work our LCHA trial crews produce, and the level of training we have. She said the trail crew had 91 miles of trail to maintain, and only 4 staff members, which is why high quality, highly trained volunteers are so important. A horse person herself, Kim said she is a strong advocate for horses on trails.

When we hear about decisions like the one the Boulder City Council made, it is tempting to fall into an adversarial mind-set. We need to realize that there are horse people in places that can have a tremendous influence on the decisions in Larimer County regrading horses on public trails. A few that I am personally aware of are Kim Wold (Larimer County Trail Crew Leader), Kerri Rolling (Open Lands Staff), Steve Gibson (Larimer County Ranger), Mark Sears (City of Fort Collins Natural Areas), and former county commissioners Cathy Reynolds. Our effort gives these people tremendous negotiating power they can refer to the high value and qualaity oif our work

Joe Andrews

Calendar of Events

Events in 2011

Date	Day	Event	Location	Contact	Time
May 5	Thurs	Human: Meet Horse – Equine Stress Control , Maxine Doner, ESMT 2, RN	Gilnocky Equestrian Center	Bonnie Robinson (970) 217-1113	7 to 9 PM
June 25	Sat	LCHA Training Event , Trail obstacles/balance equitation and a friendly competition at the end with Polo shirts for prizes	Kay Thomson's Arena	Kay Thomson, 970-532-2443, or 970-443-7111	Arrive at 9:00 AM, Ready to ride at 9:30 AM

Events in 2011 (continued)

Date	Day	Event	Location	Contact	Time
June 25	Sat	LCHA Annual Picnic and Meeting	Kay Thomson's	Kay Thomson, 970-532-2443, or 970-443-7111	Arrive at Noon, Eat at 1:00 PM
July 23	Sat	LCHA Fun Ride – Polo Cross – and Fundraiser	TBA	Susan Kurzweil, 970-663-6738	TBA
Sept 24	Sat	Poker Ride	Lory State Park	Kim Andrews 970-613-0121	Arrive at 10:00, Ride at 10:30
Dec 3	Sat	Christmas Caroling on Horseback	Berthoud (details to be announced)	TBA	Meet at Noon, ride at 12:30

Trail Rides in 2011

The Trail Ride Coordinator is TJ Newport (970-397-6986). If you would like to suggest a trail ride location, or if you would like to lead a trail ride, call TJ.

Sign In

If you intend to participate in a trail ride, please notify the ride leader(s) at least two days in advance:

For A Trail Ride On ...	Notify the Ride Leader(s) by ...
Saturday	Wednesday evening
Sunday	Thursday evening

For any trail ride, be ready to ride at the time shown on this schedule, unless otherwise noted.

Trail Rides for 2011

Date	Day	Location	Leader	Pace	Limit	Arr	Ride
May							
May 1	Sun	Ramsay-Shockey LCHA members only	Susan Kurzweil, 663-6738 970-635-2695 Bring a lunch	W, T	5 trailers	9:30	10:00
May 21	Sat	Bobcat Ridge LCHA members only	Ted Newport 970-397-9591 Bring a lunch	W, T	6	8:30	9:00
May 22	Sun	Soapstone LCHA members only	Pat Carey 970-224-4532 Bring a lunch	W, T	6	9:00	9:30
June							
June 18	Sat	Crozier Mtn LCHA members only	Susan Kurzweil, 663-6738 Bring a lunch	W, T	3 trailers	9:30	10:00

Trail Rides for 2011

Date	Day	Location	Leader	Pace	Limit	Arr	Ride
July							
July 16	Sun	Lady Moon LCHA members only	Pat Carey 970-224-4532 Bring a lunch	W, T	8	9:00	9:30
July 17	Sun	Mt Margaret LCHA members only	Susan Kurzweil (663-6738) and Kim Andrews (613-0121) Bring a lunch	W, T, C	None	9:30	10:00
July 29	Fri	Lion Gulch LCHA members only	Kay Thomson 970-532-2443, or 970-443-7111 Bring a lunch	W, T	None	8:30	9:00
July 30	Sat	Bobcat Ridge LCHA members only	Stacey Geer 970-635-2695 or 970-988-7996 Bring a lunch	W, T, C	6	10:00	10:30
August							
Aug 14	Sun	Beaver Meadows LCHA members only	Pat Carey 970-224-4532 Bring a lunch	W, T	8	9:00	9:30
Aug 21	Sun	Lory State Park LCHA members only	Stacey Geer 970-635-2695 or 970-988-7996 Bring a lunch	W, T, C	None	10:00	10:30
Aug 27	Sat	Hermit Park LCHA members only	Kim Andrews 970-613-0121 Bring a lunch	W, T, C	None	9:30	10:00
September							
Sept 18	Sun	Crozier Mountain LCHA members only	Susan Kurzweil 663-6738 Bring a lunch	W, T	3 trailers	9:30	10:00
Sept 24	Sat	Poker Ride	Kim Andrews 970-613-0121	W, T, C	No limit - come one, come all	10:00	10:30
Sept 25	Sun	Red Mountain LCHA members only	Pat Carey 970-224-4532 Bring a lunch	W, T	6	9:00	9:30
October							
Oct 15	Sat	Pawnee Grasslands Open to LCHA members and their guests Bring a lunch	Kay Thomson 970-532-2443 or 970-443-7111	W, T, C	No limit - come one, come all	9:30	10:00
Oct 22	Sat	Hall Ranch LCHA members only Bring a lunch	Stacey Geer 970-635-2695 or 970-988-7996 Bring a lunch	W, T	8	10:00	10:30

Trail Rides for 2011

Date	Day	Location	Leader	Pace	Limit	Arr	Ride
Oct 23	Sun	Eagles Nest LCHA members only Bring a lunch	Pat Carey 970-224-4532 Bring a lunch	W, T	None	9:00	9:30
December							
Dec 3	Sat	Christmas Caroling on Horseback, Berthoud This event is open to the public.	Kay Thomson 970-532-2443	W	No limit - come one, come all	noon	12:45

W = Walk; T = Trot; C = Canter

**** Reminder:** You must have a Colorado Department of Wildlife Habitat Stamp to participate in any ride on Department of Wildlife trails.

CLASSIFIED ADS

Better yourself, better your horse! Not enjoying the joyful and abundant partnership you always dreamed of? Get the support you need to thrive with your horse at Mountain Rose Horsemanship Training. Teaching people to teach horses in the pursuit of partnership! Visit www.mountainrosetraining.com for more information.

For Sale Hand tied rope halters with lead rope. All sizes – from pony to draft. I can do halters for llamas also. Choose the color you want. A single halter and lead costs \$20. For multiple halters, call for pricing. Call Ted Newport Jr. (T.J.) 970-397-6986

For Sale Nice group of kind, gentle, and nice looking horses for sale, professional training, age 2 and up. See them on our web site @ www.Bridle-Bit.com
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Ride Indoors at the Esh Training Center! Tired of the snow, wind and cold? Ride in our 100 x 200 indoor arena for a low haul-in fee of \$10. We also offer: colt starting, training, lessons and clinics. Visit our website at: www.paulesh.com or give us a call at 970-567-7505.

Riders Wanted. We're fat but lovable Tennessee Walkers. Pat Parrelli approach required. No spurs, only good riding skills. We do rein. You have to convince our partner that you can stay out of our mouth, and have a good seat. He may even have a saddle for you to use. We've been on lots of trails, pack trips, and attended many equine classes. If you're horseflesh challenged, but want to get involved in LCHA or just ride the mountains of Wyoming, go on LCHA activities, and can at least help with transportation expenses, send email to Skip Eshelman at hexsigns@gmail.com

Stallion at Service: Cuttin Colonel, Sire: Colonel Freckles, Dam: Cutters Pretty. Foundation pedigree speaks for itself. Outstanding disposition and athletic ability. NCHA Certificate of Ability, 1984 GNMCHA Maturity finalist, NRHA and AQHA performance point earners and money earning producer. Contact Mike Disque, TD Quarter Horses 303-229-3516, 970-532-9907, spirithorsemtn@msn.com

Editor's Note:

In the past, we have sometimes continued to publish classified information after an item is no longer useful; for example, an item for a trailer for sale ran two months after the trailer sold.

Policy: *LCHA Roundup* (this newsletter) will run "for sale" classified items for two months. If the owner of the item for sale wishes to extend the classified item, she/he must contact the editor and request an extension. Without an extension, *LCHA Roundup* will remove the item from the Classified section. This policy does not affect classified information for services offered.

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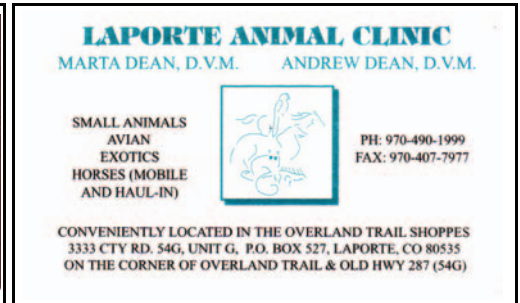
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Humor

Seven Stages of Aging on Horseback

Stage 1: Fall off pony. Bounce. Laugh. Climb back on. Repeat.

Stage 2: Fall off horse. Run after horse, cussing. Climb back on by shimmying up horse's neck. Ride until sundown.

Stage 3: Fall off horse. Use sleeve of shirt to stanch bleeding. Have friend help you get back on horse. Take two Advil and apply ice packs when you get home. Ride next day.

Stage 4: Fall off horse. Refuse advice to call ambulance; drive self to urgent care clinic. Entertain nursing staff with tales of previous daredevil stunts on horseback. Back to riding before cast comes off.

Stage 5: Fall off horse. Temporarily forget name of horse and name of spouse. Flirt shamelessly with medical staff when they arrive. Spend week in hospital while titanium pins are screwed in place. Start riding again before doctor gives official okay.

Stage 6: Fall off horse. Fail to see any humor when hunky paramedic and/or nurse says "You again?" Gain firsthand knowledge of advances in medical technology thanks to stint in ICU. Convince self that permanent limp isn't that noticeable. Promise spouse you'll give up riding. One week later purchase older, slower, shorter horse.

Stage 7: Slip off horse. Relieved when artificial joints and implanted medical devices seem unaffected. Tell spouse that scrapes and bruises are due to gardening accident. Pretend you don't see spouse roll his/her eyes and mutter as he/she walks away. Give apple to horse.

Trust me. Despite a lack of bounce-ability, aging on horseback isn't so bad, as long as you know what lies ahead. And as long as you keep your sense of humor.

Larimer County Horseman's Association (LCHA) Mission Statement

Education – provide resources:

Informative monthly meetings, usually the first Thursday of the month, September through May

Community – provide support

Spending time with other LCHA members whether on the trail, before a program meeting, or during a potluck get together, makes our sense of community strong. Your background does not matter, whether a show competitor or first-time horse owner, all are welcome.

Advocacy – give strong voice to the equine industry

Ensuring the future of equine activities requires an informed and unified body. LCHA gives voice to the many interests surrounding the use, joys, and benefits of horse ownership and participation. This effort involves several activities:

- Monitoring issues
- Direct action
- Affiliation with other organizations
- Outreach (trail maintenance) to benefit all users of trails in the county



39 Years of Service

LCHA Roundup



*Larimer County Horseman's Association
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