



I know there is somebody out there!

It's cold and rainy outside. Depressed and unmotivated, I am laying on my couch in my little house. Heavy in mind, body and spirit, I get up to turn on the stove and squat down in front of it. It's the best spot in the house to warm up. The heat of the stove is warming my back and gives me some sense of comfort. I am looking at Rayca, my beautiful golden Retriever. He is lying relaxed on my couch and I am pretty sure he can sense how depressed I am feeling.

I wonder why I am feeling so heavy and negative? There is no reason why I should be feeling like this I am thinking. I have a job, a car, my own little house. I finally was honest enough to create time and space to be by myself without a relationship.

Life is supposed to be fun. Look at me sitting here. I feel the opposite of aliveness and enthusiasm for life. It shouldn't be like this. It doesn't make sense. Why don't I feel appreciation for life and feel good about myself and everything I have created so far?

My body is sitting there motionless in front of my stove, but my thoughts are going a hundred miles an hour. Curiously, I am wondering. Where is my life going? What will I be doing a few years from now? Who will I meet? Where will I live and will I have any children? When will that happen and how? I have so many questions. And for whatever reason I don't seem to be able to see in my future. I can't figure out what it is I really want in life.

Is there a man out there for me? A partner I want to spend the rest of

my life with? Someone I can create a very powerful and beautiful relationship with? Someone I want children with? Someone I deeply love and who deeply loves me. Where is he? It feels strange that I am not able to see where my future is going. And who is going to want me anyway the way I feel right now? Being in this negative vibe is not attractive at all! Who will want to be with me just the way I am with all my ups and downs, with my beautiful qualities and the qualities that are not attractive at all!? Is there anyone out there with whom I can completely be myself? I want to feel happy and meet a happy man. How in the hell am I going to create all of that?

I sat there for a while feeling what I was feeling, thinking what I was thinking. Having an internal conversation with myself. A conversation with my soul. A conversation with the universe or God or whatever you call the essence of life. I sat in wonder, brutally honest with my feelings and thoughts. I was contemplating and being very curious about where my life was going. The conversation went on.....

I know there is somebody out there. Of course there is someone out there! There is a planet full of men. It would actually be impossible that there was not one person I love to be with and who loves to share his life with me.



A feeling of hope and conviction was coming over me. I know that man is somewhere on the planet right now! He is alive right now! For whatever reason we have not met yet. He is dealing with his life situations now, while I am dealing with my own issues to clear up. Like learning to love myself and my life more and how to create inner happiness. I see him in my inner vision, somewhere out there in the distance on my left side in front of me. While I am sitting here in front of my stove in Deinze. Our paths are coming closer and closer. I just know it! I can visualize it! For whatever reason I am not aware of, it is not the time yet to meet. It for sure will become clear once we meet.

My feelings were getting lighter and hopeful and more positive! I know he is out there and I can feel we are coming closer. This is exciting! I am very curious where he is at this moment. What is he doing? Does he already have any children? Is he single at this moment? Maybe he is getting a divorce or is getting out of a relationship?

Wherever he is and whatever he is doing, I know he is out there. And we will come together when the time is right.



This is how I envision him to be. He is a kind and gentle soul. He loves his life. He is fun and adventurous. He is wise, positive and loving. He is respectful and respects all life. We are getting along very well and love to be together. I don't care about his age. That is not important to me. I just know we are meant to be together and our paths will meet soon.

This inner conversation with myself and the source, universe, God, life essence, whatever name you put on it, was an open, honest spilling out of my heart's desire. Emphatically I launched my rocket of desire into the universe. I said, this is what I want, I know it is out there and I know it is coming towards me.



I felt a little lighter and more hopeful and decided the healthiest action I could take in that moment was to get my butt out of the house and go for a walk in nature. I didn't really have much energy, but much more than an hour ago. I walked along the river in Deinze and in my imagination started a conversation with my future partner. I introduced myself and told him I was very excited that when the time was right we would meet! I trusted that there was a very good reason why we were not together yet. I trusted the timing of the universe, the perfect alignment of life. I promised myself and my future partner that in the meanwhile I would learn to love myself more and heal myself from these negative heavy feelings. I would use my time wisely. I was looking forward to meeting him.



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(Sharing permitted with my name and email included)
(With a simple email let me know if you like
to be added or removed from this list).

Mieke's Voice - Part 1

- Week 1 - Introduction - My early life
- Week 2 - A Rough Start
- Week 3 - Vision
- Week 4 - History Lesson
- Week 5 - Bookstore Caecilia
- Week 6 - Invisible Hand
- Week 7 - My family, a circle of 5. Part 1 - My parents Anny & Hugo
- Week 8 - My family, a circle of 5. Part 2 - My brother Jeroen
- Week 9 - My family, a circle of 5. Part 3 - My sister Kathleen
- Week 10 - My family, a circle of 5. Part 4 - Something about myself, Mieke
- Week 11 - Encounters with extraterrestrials
- Week 12 - The Movie E.T. - The Extra -Terrestrial
- Week 13 - What happens after the body dies?

Mieke's Voice - Part 2

- Week 14 - Introduction - Relationships
- Week 15 - Expressing my authentic nature
- Week 16 - Sexuality - part 1 - Unity
- Week 17 - Sexuality - part 2 - Separation
- Week 18 - Sexuality - part 3 - Menstruation
- Week 19 - Intimate Relationships
- Week 20 - America - part 1 - Newspaper Article
- Week 21 - America - part 2 - Stepping into a movie
- Week 22 - Another taste of freedom as a college student
- Week 23 - Riding the waves, both high and low
- Week 24 - A Holistic approach to healing
- Week 25 - Overnight resident counselor in a high school
- Week 26 - Mieke the younger in action - Part 1
- Week 27 - Mieke the younger in action - Part 2
- Week 28 - Totem Initiation
- Week 29 - Extra Freedom and Independence
- Week 30 - First Wake-up call
- Week 31 - Second Wake-up call
- Week 32 - Home Ter Linde

Mieke's Voice - Part 3

- Week 33 - Introduction - Learning to Love myself
- Week 34 - My last cigarette!
- Week 35 - I know there is somebody out there!