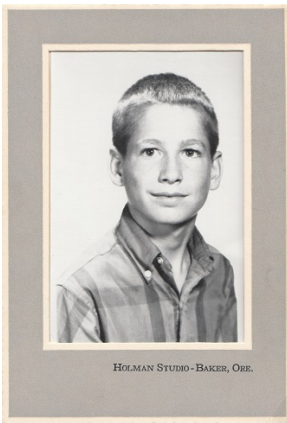




Mieke's Voice - Part 4 Introduction - Our paths coming together

Step by step I was learning to follow my own heart. Instead of looking for attention and validation in the outside world, I was called to look inside myself. I gave myself permission to do things that were nurturing for my own soul's desire. Attending the classes in Centrum Gea was such a gift to self. There I was given more tools to expand my awareness and my heart. I also found a community of like minded people who were on a similar path.



At that time Paul was on his own journey of learning to listen to his own heart. Without knowing each other, we had the same intent, to learn how to authentically love ourselves and open our hearts. Looking for a partner was for both of us not a priority at the time.

While I was following my own personal plans, life had it's own agenda in-store for me and was about to take me on an unforeseen ride. Life started to dance with me in unexpected ways. Before we knew it, Paul and I were dancing together in this mystery called life.

I am so excited to introduce to you here my favorite person in the world. Paul Benton. He will bring in his own unique life experiences and give his perspective and personal flavor to the episodes of Mieke's Voice. We are delighted to share our stories in this co-creation.

And now a few words from Paul.



How do I begin to tell you what an amazing journey this is. As Mieke has already explained we came together or more accurately collided in a most unusual and magical way. We were each on an exploration of what was true for each of us, what was important in life. What is the essence of living a life of meaning, of joy, of purpose. What is love. The kind of love that sits at the base of a life worth living.

I was born in Hood River, Oregon in 1949. My early years were spent living and working on a fruit orchard with my parents and four siblings. I was the middle child. After high school I attended Oregon State University and graduated with a Bachelors of Science degree in pre-med. In 1972 I was admitted to the Oregon Health Sciences University. I graduated in 1976 with a Doctor of Medical Dentistry degree. I was in private dental practice until 1981. I left the practice of Dentistry for health reasons.



I became fascinated with computers and followed my dream to San Francisco where I learned computer programming and operations. I secured a job in the computer department at the University of the Pacific School of Dentistry. I was also an adjunct instructor teaching Comprehensive Patient Care. Shortly thereafter I was consulting with private practices helping them computerize their businesses. All of this while living in San Francisco.

Two marriages and three kids later, I found myself again living and working in Hood River.

Please tune in again next week. In chapter 4 we share how our life paths came together in the most miraculous and synchronistic ways with a touch of divine intervention.

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Starshowerusa@startmail.com

(Sharing permitted with my name and email included)
(With a simple email let me know if you like
to be added or removed from this list).

Mieke's Voice - Part 1

- Week 1 - Introduction - My early life
- Week 2 - A Rough Start
- Week 3 - Vision
- Week 4 - History Lesson
- Week 5 - Bookstore Caecilia
- Week 6 - Invisible Hand
- Week 7 - My family, a circle of 5. Part 1 - My parents Anny & Hugo
- Week 8 - My family, a circle of 5. Part 2 - My brother Jeroen
- Week 9 - My family, a circle of 5. Part 3 - My sister Kathleen
- Week 10 - My family, a circle of 5. Part 4 - Something about myself, Mieke
- Week 11 - Encounters with extraterrestrials

Week 12 - The Movie E.T. - The Extra -Terrestrial
Week 13 - What happens after the body dies?

Mieke's Voice - Part 2

Week 14 - Introduction - Relationships
Week 15 - Expressing my authentic nature
Week 16 - Sexuality - part 1 - Unity
Week 17 - Sexuality - part 2 - Separation
Week 18 - Sexuality - part 3 - Menstruation
Week 19 - Intimate Relationships
Week 20 - America - part 1 - Newspaper Article
Week 21 - America - part 2 - Stepping into a movie
Week 22 - Another taste of freedom as a college student
Week 23 - Riding the waves, both high and low
Week 24 - A Holistic approach to healing
Week 25 - Overnight resident counselor in a high school
Week 26 - Mieke the younger in action - Part 1
Week 27 - Mieke the younger in action - Part 2
Week 28 - Totem Initiation
Week 29 - Extra Freedom and Independence
Week 30 - First Wake-up call
Week 31 - Second Wake-up call
Week 32 - Home Ter Linde

Mieke's Voice - Part 3

Week 33 - Introduction - Learning to Love myself
Week 34 - My last cigarette!
Week 35 - I know there is somebody out there!
Week 36 - Center Gea - The Power of Sound
Week 37 - Moroccan Flavors
Week 38 - Nightly Procedure

Mieke's Voice - Part 4

Week 39 - Introduction - Our paths coming together