

SKATE NEW JERSEY: HIGH SCHOOL PROGRAMS

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SUMMER 2004
NOTICE to CLUB SKATERS



A Message from the President

Congratulations to all our New Jersey high school skaters for staying involved in figure skating. Through your dedication to skating, you have learned valuable lessons in time management, goal setting, and perseverance. These are all skills that colleges and universities look for in candidates who will likely be successful as freshmen.

The New Jersey Council of Figure Skating

Clubs is committed to providing support for high school skaters through a variety of programs that include academic scholarships, a senior synchronized skating team, and a high school club network. The articles in this packet contain detailed information about each program including eligibility.

Whether your goals are competitive or testing, the officers and delegates to the New Jersey Council of Figure Skating Clubs wish you

success in your skating endeavors. We hope that you will stay involved after high school through club governance, judging or collegiate skating. You are to be commended for your dedication to meeting personal objectives.

Louis Chen



NOTICES & DEADLINES

<i>A Message from the President</i>	1
<i>FAQ's—How to Start High School Clubs</i>	2
<i>High School Team Open of New Jersey</i>	2
<i>Graduating Seniors Program—SEPT. 15</i>	2
<i>NJCFSC Academic Honors Team—OCT. 1</i>	3
<i>A Fast Track to Nationals</i>	4
<i>Ice Storm: New Jersey's National Team</i>	4

Points of Interest:

- How do I form a high school figure skating club at my school?
- When do I apply for the Academic Honors Team?
- What is the Graduating Senior Program?
- How do I find out more about Ice Storm, New Jersey's national senior synchronized skating team?

About New Jersey Council of Figure Skating Clubs

The NJCFSC is an interclub council member of U.S. Figure Skating. We are a 501C3 IRS-designated corporation registered in the State of New Jersey as a Charitable Organization. For over 40 years, we have conducted the NJCFSC Championships and offered scholarships to

qualified competitors, teams, and student-athletes. Our mission is to promote participation and achievement through the sport of figure skating. We accomplish our goals through several scholarship and grant programs. More than twenty-five organizations are part of our Council including public, private

and parochial high school figure skating clubs, private U.S. Figure Skating member clubs, and one university club. Our source of funding includes our annual competition, corporate sponsorship and private donations.





The Spirit Award and Banner Award were won by Lawrence High School



START SOMETHING



Charles Fetter, coach-founder of the Princeton Day School Figure Skating Club, the first N.J. high school club, is recognized at the competition.

***GET THE HIGH SCHOOL Affiliated Membership Form ONLINE at**
WWW.NJCFSC.ORG

For more information on forming High School Clubs contact:

Lynda Dillman
LKDSKATE@aol.com

Charles Fetter
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FAQ'S — STARTING A HIGH SCHOOL CLUB

1. What is a high school figure skating club? It's a club consisting of competitive and recreational skaters and their supporters who attend the same high school.

2. How many skaters are needed to form a high school skating club? The USFSA supports high school clubs comprised of one or more skaters!

3. Why should I form a high school skating club? You should form a high school club because you love to skate, and to gain recognition from your high school for participation in your sport.

4. What benefits will I receive if I start and partici-

pate in a high school club?

Participation and leadership improve your non-academic college resume.

5. What steps should I follow when forming a club?

(1) First, find a supportive faculty advisor.

(2) Find out the procedures for starting a new club in your school.

(3) Prepare a proposal.

(4) Complete and send in the USFSA School Affiliated Membership Form.*

6. Who pays for my training?

Training expenses remain the responsibility of the individual skater.

7. What does a high school club do? Members of high school clubs can enter the High School Team Open of New Jersey, and other USFSA sanctioned high school competitions.

8. Who covers the skater's liability during and en route to high school competitions? Skaters are covered under their USFSA membership.

9. What is the High School Team Open of New Jersey?

It is a USFSA sanctioned non-qualifying competition. The first open was held at the Princeton Day School on April 3, 2004 with 13 participating clubs.

10. When is the next High School Team Open of New Jersey? The next competition will be on **October 30, 2004**.

High School Team Open of New Jersey

AN OPPORTUNITY FOR HIGH SCHOOL SKATERS TO RECEIVE RECOGNITION, IMPROVE COLLEGE RESUMES, EARN TROPHIES FOR THEIR HIGH SCHOOLS,

EARN INDIVIDUAL MEDALS, AND HAVE A GREAT TIME COMPETING AGAINST THEIR PEERS!

Skaters from the following High Schools competed in the first

High School Team Open of NJ on April 3, 2004:

Princeton Day School,
Immaculata High School,
Manasquan High School,
Lawrence High School,
Princeton High School,
Morristown Beard School,
Hawthorne Christian Academy,
Kent Place School,

Mount Saint Dominic Academy,
Wayne Valley High School,
Middletown High School South,
Millburn High School, and
Mountain Lakes High School.

Start a high school club and compete this season!

SAVE THESE

COMPETITION DATES!

October 30, 2004

April 9, 2005

Join us in the quest to make figure skating a varsity sport!

Graduating Senior Program

Graduating senior letters applied for in the spring of your junior year could be prepared by U.S. Figure Skating in time for college entrance applications if the information is provided in a timely manner. The junior/senior can

print the form and write a summary of all their skating accomplishments. If they are requested in the fall of your senior year, they will be sent to your school for the school to present you at an appropriate time in the spring. Get the form online from the USFSA.

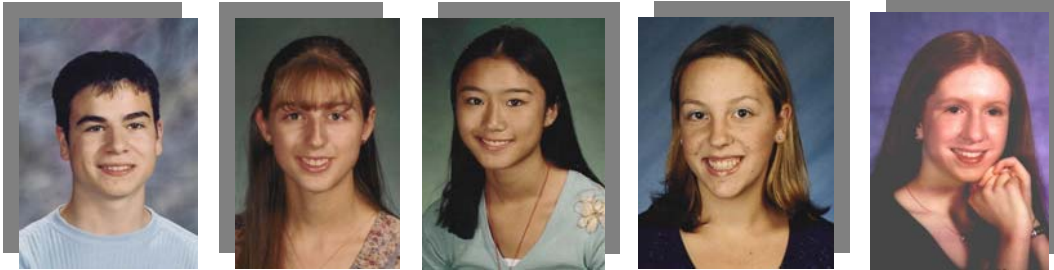


www.usfigureskating.org

Graduating Senior Program Deadline: Sept. 15 of your senior high school year



NJCFSC ACADEMIC HONORS TEAM



PRESENTING

The 2003-2004 NJCFSC Academic Honors Team

Brandon Accardi, Jenna Eckardt, Stacey Lee, Victoria Schwanda, and Caroline Shields

“In academics, the facts convert to concepts, and the process of learning transforms from memorization to synthesis....In both figure skating and learning, I emerge with a passion for the very thing that I fell so hard on.”
—Caroline Shields



(L to R) Honorable Mention: Victoria Rompilla, Roseann Villalva and the 2003-2004 Academic Honors Team with Susan Ward, Coordinator, at the Princeton Day School on April 3, 2004.

Special points of interest:

- Colleges look for three different characteristics in nonacademic performance: commitment, development, and recognition.
- Resumes should list accomplishments such as participating in competitions, shows, training camps and tests.
- **SKATING** magazine, October 2003

“To be a great athlete you must lose first before you can win, and sportsmanship, integrity, and personal happiness matter more than a gold medal. While pushing yourself to win is important, that is not the only quality that makes a good competitor or a true champion.”
—Jenna Eckardt

SKATE HARD. STUDY HARDER.

NJCFSC Academic Honors Team Requirements:

Skaters must maintain their U.S. Figure Skating membership with a NJCFSC member club, attend an accredited high school full time and maintain at least a 3.4 GPA, be in the Junior/Senior year, have tested and/or competed at Novice, Junior, or Senior levels in any skating discipline: singles, pairs, dance, synchronized skating and Moves in the Field.

APPLICATION AVAILABLE ONLINE JUNE 1, 2004

www.njcfsc.org

2003-2004
Academic Honors Team
Award:
\$500 Scholarships
Certificates of Excellence
—
Honorable Mention:
\$100 Scholarships



**SKATE NEW JERSEY:
HIGH SCHOOL PROGRAMS**



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**New Jersey and You—
Skate Perfect Together!**

**We're on the web!
www.njcfsc.org**

GET ON THE TRACK TO NATIONALS

Who would have predicted it?

The Ice Storm, New Jersey's senior synchronized skating team, won the bronze medal at the Eastern Sectional Championships and headed to San Diego to their first National Championships! And at the same time, Governor James McGreevey proclaimed the first week of March "Synchronized Skating Week in New Jersey."

If someone said you could get to Nationals without a double-axel or a triple jump, you would say that they're dreaming, right? Well, your dreams could come true! Synchronized skating is taking New Jersey by Ice Storm!



Ice Storm skaters wait backstage at Nationals.

**ICE STORM OPENINGS
AUDITION REQUIREMENTS
15 years or older by JULY 1, 2004
INTERMEDIATE TEST or Higher
MOVES IN THE FIELD**

**—
BOOT CAMP is August 6,7,8
Lawrenceville School**



New Jersey's Synchronized Skating Senior Team

Contact: Mr. Lou Villalva, Team Manager at 732-572-2769

E-mail: Villlou@aol.com

For more information visit Ice Storm on the Web:

www.Ice-Storm.org

Ice Storm is a team comprised of 20 skaters who compete at the senior level. The team represents the New Jersey Council of Figure Skating Clubs and is the first interclub council senior team in the United States. The team is made up of skaters from New Jersey and/or members of New Jersey Council clubs. In addition to competition, the team hosts the annual **Synchro Spectacular Ice Show** and donates a portion of the event proceeds to the Special Olympics of New Jersey, and supports the Mercer County Food Bank. Put a National team on your college resume!

**THERE IS NO "I" IN T.E.A.M.
Together Everyone Accomplishes More**

"Synchronized skating also requires a lot of strength: physical and mental... Even though we aren't doing triple jumps, it is challenging to endure four and a half minutes of footwork while remaining in correct formation and maintaining speed. Mental strength is also needed to be able to manage team dynamics. Whenever a group of teenage girls gather together, there are bound to be disagreements. Combined with the stress of competition, this could be the recipe for disaster. Not everyone is going to be best of friends with everyone else, so we must learn to respect each other, put our differences aside, and unite to achieve a common goal."

— Victoria Schwanda