

Canadian Forces Personnel Newsletter

Forces program has your move covered

From CFPN

he 2007 CF Integrated Relocation Program (IRP) policy is now available on the Director General Compensation and Benefits (DGCB) and Royal LePage Relocation Services (RLRS) websites, and from relocation offices.

CFIRP looks after moving you, your family and your possessions when you're posted. Moving is one of the most stressful times for a family, and CFIRP's goal is to move you efficiently and cost-effectively while causing you and your family, and CF operations, as little disruption as possible.

Definition change

The definition of "extended family" has been changed to include only people living with you full-time at the time of your move. This new definition is more restrictive than the former definition, but more accurately reflects the Treasury Board's approved policy.



Benefits

The personalized funding component of CFIRP benefits comprises the posting allowance, the movement grant and certain incentives. This provides you with some flexibility when it comes to choosing reimbursement options for moving expenses that may be unique to your family situation but are not covered by core or custom funding. Make sure you take good advantage of the various funding options available to you.

Oueries

Because so many of you have met with lengthy delays when it comes to getting feedback on queries, CFIRP is in the process of decentralizing the adjudication process. It's expected that by active posting season (APS) 2008, most adjudications will be done at the base/ wing level.

Survey

Whether you've been moved this APS or are expecting a move, you'll be asked to complete a survey about your move, and about your satisfaction with the level of support and service provided you throughout the process. This feedback is essential in ensuring that the CFIRP meets the needs of you and your family and is being delivered efficiently.

Finally

CFIRP is a work in progress, continuously evolving while refinements are developed and implemented. Your ongoing cooperation is very much appreciated.

- Read Canadian Forces General Message (CANFORGEN) 093/07 at http://vcds.dwan.dnd.ca/vcdsexec/pubs/canforgen/intro_e.asp for information.
- Find the 2007 CFIRP policy at www. forces.gc.ca/dgcb/engraph/home e.asp www.rlrs.com/services/
- For information, visit www.irp-pri. com/aboutProgram.cfm.
- Go to www.irp-pri.com/contactUs.cfm for your nearest relocation office.



Family advisory board needs volunteers

From the Military Family National **Advisory Board**

The Military Family National Advisory Board (MFNAB) needs spouses/partners of military personnel to serve on the volunteer boards representing:

- Atlantic provinces: Nova Scotia, Prince Edward Island, Newfoundland and Labrador, and New Brunswick
- Prairie provinces: Manitoba, Saskatchewan and Alberta
- International: United States. Europe, Arabian Gulf Region, Southwest Asia, Balkans, Caribbean, Middle East, Africa

MFNAB

MFNAB was established in 1988 to provide advice to senior CF management

on issues that impact military families. It is a partnership between military families and military leadership.

The eight military family members meet twice each year for two days, in Ottawa. During the first day, family representatives determine strategic objectives for future consideration. On the second day, family members, policymakers, key stakeholders and decisionmakers discuss the implementation of

The board

- advises Chief Military Personnel on personnel issues affecting the wellbeing of CF families;
- determines key issues for discussion and recommendation:
- reviews policies, directive and reports impacting military families;
- monitors major trends regarding Canadian military family life;

- establishes interactive lines of communication and co-operation between agencies representing families at the local level: and
- acts as spokesperson.

Volunteers should:

- be the spouse/partner of a serving member of the CF;
- demonstrate community involvement in the region of the position you seek;
- have work or volunteer experience in policy development, research and/or strategic analysis;
- have access to a computer with Internet access:
- demonstrate solid leadership capabilities;
- be open to sharing ideas;
- be willing to travel; and

possess superior communication skills (bilingualism is an asset).

Please send your request for an application to Taylor.GW@forces.gc.ca, and cc Pap.RPS@forces.gc.ca.

Your application must reach us no later than August 12, 2007.

For more information, contact Capt Robert Pap at Pap.RPS@forces.gc.ca or at 613-992-0888. *



Personnel receive **National Honours**

From CFPN

Governor General and commanderin-chief of Canada Michaelle Jean is pleased to award Military Valour decorations to nine members of the CF who have displayed gallantry and devotion to duty in combat. The Governor General has also announced four Meritorious Service decorations (military division) and seven Mentions in Dispatches to CF personnel whose specific achievements have brought honour to the Forces and to Canada.

STAR OF MILITARY VALOUR

Corporal Sean Teal, Petawawa,

Private Jess R. Larochelle,

MEDAL OF MILITARY VALOUR

Cpl Chad G. Chevrefils, Shilo, Man. Cpl lason Funnell: Petawawa

Master Corporal Sean H. Niefer,

Pte Michael P. O'Rourke, Petawawa Cpl Clinton I. Orr: Petawawa

Captain Michael J. Reekie, Shilo

Cpl Joseph J.L. Ruffolo, Petawawa

MERITORIOUS SERVICE CROSS

Brigadier-General Gary J.P. O'Brien Toronto

MERITORIOUS SERVICE MEDAL

Major Cary A. Baker, Brunssum, The Netherlands

Master Warrant Officer Darcy S. Elder. Ottawa

Honorary Colonel Bernardus A. Van Ruiten, Winnipeg

MENTION IN DISPATCHES

Sergeant Brian V. Adams, Shilo

Cpl William J. Elliott, Shilo

Cpl Nigel J. Gregg, Shilo

MCpl Richard J.A. Harris, Petawawa

Sgt Dan J. Holley, Shilo MCpl Dwayne R.A. Orvis,

Pte Timmy D. Wilkins, Shilo *

Nurses in Afghanistan get 'a little piece of home'



LCol Claudine Côté, left, and Capt Odette Rioux, both just back from Kandahar, brief Canadian Nurses Association representative Ms Marlene Smadu, second from left, and Shelley Kohut, from Johnson & Johnson Inc., on what deployed nurses might like to receive in care packages.

From CFPN

nternational Nursing Day 2007 brought more than recognition to Canadian nurses serving in Afghanistan.

To mark the May 12 event, the Canadian Nurses Association (CNA) and Johnson & Johnson (J&J) companies in Canada partnered to assemble and send packages to deployed Canadian and Allied Forces nurses.

"For our nurses, these packages are priceless," says Captain Odette Rioux, from CF Health Services Group. "We miss our families, and these packages remind us that someone is thinking of us, giving us support, and showing us they appreciate the work that we are doing."

About 50 packages were sent. Each contained professional and personal items such as high-quality stethoscopes, sunscreen, eye drops, sleeping masks, pillows and blankets, skin care products, pedicure sets, toothbrushes, toothpaste and mouthwash, herbal teas, and cheeses.

The CNA initiated the idea of the care packages but, as a non-profit organization, needed to find a partner to bear the cost. J&J agreed to purchase all the items suggested by two CF nurses just back from Afghanistan, and threw in a range of other products from J&J companies in Canada.

Ms Marlene Smadu, president of the CNA, commended CF and Allied Forces nurses on the contribution they are making to the global effort of bringing peace, stability and development to Afghanistan.

"We recognize this is a difficult and dangerous mission, and appreciate all that our nurses are doing to serve Canada, and to help those less fortunate in this troubled part of the world," she says. "Thanks to the generosity of the Johnson & Johnson companies in Canada. we are able to send our nurses a little piece of home to show Canada's gratitude for their efforts.'

J&J companies in Canada who contri-buted products are Johnson & Johnson Consumer Inc., Johnson & Johnson Medical Products Inc., Ortho Clinical Diagnostics Inc., and LifeScan Canada Ltd.

"These packages are only a small acknowledgement of our gratitude for our nurses' commitment and dedication to the health and well-being of Canadian soldiers, Allied soldiers, and of others in the region," says Ms Shelley Kohut, Director of Communications, Public Affairs and Philanthropy for J&J Inc.

The CNA is a federation of II provincial and territorial professional associations and regulatory authorities for registered nurses.

Johnson & Johnson produces health care products and related services for the consumer, pharmaceutical, and medical devices and diagnostics markets.



Canada okays UNMIS medal for wear

From CFPN

You may now wear the UN Mission in Sudan medal, recognizing 90 consecutive days of honourable service with that operation from March 24, 2005.

You cannot count service recognized by this medal toward any other medal except the Canadian Peacekeeping Service Medal, where applicable.

This medal follows the UN Operation in Ivory Coast (ONUCI) medal in the Canadian Order of Precedence.

You will be able to obtain the ONUCI ribbon through the CF Supply System at a later date.

Canadian Forces

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- Read CANFORGEN 084/07 at http:// vcds.dwan.dnd.ca/vcds-exec/pubs/ canforgen/intro_e.asp for information.
- Visit the Directorate of History and Heritage at www.forces.gc.ca/hr/dhh/ honours_awards/engraph/medI_e.asp for information. *

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Visit www.forces.gc.ca/hr/cfpn/engraph/ home e.asp and click on "Supplement" for news and information not available in the print edition.

Canadian Forces Personnel Newsletter

Canadian officer receives U.S. decoration

By Ruthanne Urquhart

Major Renée Forcier, Directorate of Pay Policy Development (DPPD) 5, has been awarded the United States Meritorious Service Medal in recognition of her contributions to the peace process in the Middle East.

"My work meant traveling extensively to the West Bank, Ramallah (Muqata'), Bethlehem, Jericho, and to Gaza, Gaza City (Al-Muntada) and Rafah," Maj Forcier says. "I met a wealth of interesting Palestinian Security Forces officers, Presidential Guardsmen, Force 17 personnel, and members of the National Security Forces. It was a very interesting experience."

Maj Forcier's tasks included working in partnership with another allied officer

I am ready for

-Maj Renée Forcier

another tour

any day!

to produce a comprehensive assessment of the Palestinian Presidential Guard.

"Because they [Palestinian Security Forces] don't have any female officers in their military," she says, "their reaction toward me at first sight

was freezing mode. I never had any problem, though – because they were not sure how to react, they were extremely polite with me at all times."

The resulting assessment may serve as a blueprint for future work with the Palestinian Security Forces.

As well, Maj Forcier was tasked with international donor co-ordination. She developed a funding and project support

mechanism to help co-ordinate and channel international support to the Palestinian Security Sector.

Canada liked the results so much that the government decided to take the lead on the project.

"I want to extend my sincere appreciation to task force commander Lieutenant-Colonel Barry Southern, whose extensive strategic knowledge helped me tremendously throughout my tour," says Maj Forcier. "I learned so much on that tour and, hopefully, I will have the chance to go on another, when I will be able to put the skills and expertise I acquired in the Middle East to good use. I am ready for another tour any day!"

The medal citation highlights Maj Forcier's "...exceptionally meritorious service in the performance of her duties with

the Armed Forces of the United States of America as the Canadian Military Liaison to the United States Security Coordinator of Israel-Palestine from 7 January 2006 to 8 August 2006.

"Major Forcier was selected by the Canadian

Defense Forces to be one of four representatives in Israel on an international team that is dedicated to the transformation of the Palestinian Security Forces as directed by the International community. Major Forcier's willingness to enter the Palestinian Area of the Gaza Strip during the extremely turbulent period after the Israeli disengagement from Gaza and during the Gaza conflict was critical to the United



Maj Renée Forcier receives the U.S. Meritorious Service Medal from RAdm Tyrone Pile, Chief Military
Personnel. RAdm Pile made the presentation on behalf of the Government of the United States.

States Security Coordinator as he continually briefed the President of the United States and the Secretary of State on this region.

"In addition to this, Major Forcier was a constant representative between the Security Coordinator and the Canadian Ambassador to Israel as each government work to support this critical mission that is significant to the stability of the entire region. The distinctive accomplishments of Major Forcier reflect great credit upon her, the Canadian Forces and the nation of Canada."

Shilo opens multi-faith centre



Capt Pam Pahl, CFB/ASU Shilo Base Personnel Selection Officer, designed and crafted the Faith Centre's beautiful "Tree of Life" window.

By Sgt Dennis Power, Army News

CF policies and practices evolve to accommodate the diverse religious and spiritual needs of CF personnel and their families.

The CFB/ASU Shilo Faith Centre, a purpose-built facility designed to meet those needs, was opened May 16 with a ceremony that included representatives from a variety of faith groups based in Southwestern Manitoba.

"This building is meant primarily for non-Christians," said Base Chaplain Lieutenant-Commander Douglas Ohs. "Christians can worship here, but really it's meant for the other faith groups of the world."

Many faith groups are well represented at Shilo, and the new facility will allow them to worship in a space that is more conducive to a variety of celebrations and ceremonies.

"As the religious diversity of Canada continues to change and grow, it's important for the Canadian Forces to recognize how that diversity impacts on us," said Army Command Chaplain Lieutenant-Colonel John Fletcher. "If we're going to take seriously the responsibility to care spiritually for all our soldiers and families, then we need to provide the resources and facilities in which everyone can come and worship."



A member of the Buddhist community confers a blessing upon the Faith Centre during the opening ceremony.

www.forces.gc.ca/hr/cfpn/



CF dependants and citizenship documentation

My son was born in the military hospital in Lahr, West Germany. We can't find his citizenship card. Can you help?

My daughter can't get an Ontario Health Card because no one can find a record of her birth. We were stationed overseas. How do I get this fixed?

We've received many queries such as these in recent months - all those CF babies born overseas in the 1960s and '70s need health cards and passports. As well, other citizenship issues—that of foreign-born children of Second World War personnel, for example—have

The resulting requests for citizenship documentation has had Citizenship and Immigration Canada, the official source

of documentation covering foreign births of children of Canadian citizens, hopping.

Please note: If that Registration of Birth Abroad certificate your parents received when you were born overseas is in reasonable condition, it is still accepted as proof of citizenship. However, whether or not it's in good condition, you should replace it with a Citizenship Certificate (Proof of Citizenship) card. It's more durable and more widely accepted because of its enhanced security features and photo identification

- Go to www.cic.gc.ca/english/citizen/ index.html and scroll down to find the appropriate option.
- Visit www.cic.gc.ca/english/contacts/ call.html or telephone I-888-242-2100 for general info and other online

Where do I get medical paperwork for my claim?

I'm applying for benefits from Veterans Affairs Canada [VAC]. How do I get documentation on my condition?

ANSWER:

The CF is committed to the well-being of all personnel. If you've been disabled while on duty, or in circumstances, the Forces endeavours to meet your needs as effectively as possible and in a timely manner.

Accordingly, the CF and VAC have established procedures that allow applications disability from personnel to be processed by VAC without further medical examinations or diagnostic tests by a CF physician.

When you apply for a disability award, the CF provides a complete copy of your medical file to VAC. This provides comprehensive documentation of your medical history throughout your career in the CF. In most cases, your CF medical file will contain the necessary clinical data required by the VAC adjudicator assessing the application.

Should the VAC adjudicator require further clinical information, a CF

physician will examine you and provide updated documentation on your medical file. The decision to approve or deny the application rests solely with

If your initial application is denied. you has the right to appeal the decision with the assistance of the Bureau of Pension Advocates (BPA).

The lawyers working for BPA provide you advice and assistance with regard to how your application may be strengthened. This may necessitate that undergo additional diagnostic testing and/or examinations by civilian specialists to supplement the clinical information provided by CF physicians in your CF medical file.

BPA has established a network of civilian physicians that you can access to provide this additional clinical review

CF physicians are not involved in your appeal process because these additional tests and supporting data do not relate to the provision of healthcare and clinical outcomes.

Go to www.vac-acc.gc.ca/general/ sub.cfm?source= contact for contact information for VAC. *

Ontario business honours soldiers



HONOURING

ALL CANADIAN

SOLDIERS

WE THANK YOU

& Flowers By Joanne for Canada

Day was a given. This year, Ms Joanne Ferguson and her staff decided to devote one window to a photo gallery of the CF soldiers who have died in Afghanistan.

"We did it because we could," she says simply. "We deal with the military here pretty much on a daily basis. We thought this would be a great way for everyone to see the faces that go with the names, and make it a little more real."

"Here" is Meaford, Ont., about 240 km northwest of Toronto, and the closest town to Land Force Central Area Training Centre (Meaford). The town

decided that Canada Day 2007 would be a "Support Our Troops" day as well.

"We were in no way prepared for the reaction we got!" Ms Ferguson says. "Within five minutes of the

photos going in, people were gathered around. Many came in to thank us for doing it.'

Meaford and the military go back to 1942, when the federal government bought 17 500 acres about 8 km from town for training soldiers in tank warfare and artillery gunnery. The site became an annex to what was then Camp Borden.

In 1970, Borden lost the Royal Canadian Armoured Corps School to Gagetown, and the camp became a ghost

town till local Reserve units began to make unofficial use of the facilities. Beginning in 1989, the camp was redeveloped and modernized to accommodate a new training facility that today is used by CF Regular and Reserve Force units, by allied forces, and by police units from throughout Canada and around the world.

Through it all, Meaford has been supporting the troops, and today's camp residents, whoever they may be, return the favour with business and a whiff of distant places. And continuing reactions to Fotos & Flowers' window display.

"It wasn't until some of the base folks came in," Ms Fergson says,

"that I started to realize there were going to be two very different reactions. One said it was difficult to see them all 'front row, centre'. Then two soldiers stood there for a while, pointing and remembering the ones they had been posted with or trained with.

"We are very proud of our military," she adds, "and the job they do for us. This was one small way we could help everyone remember the ones we have lost.

Contact Fotos & Flowers by Joanne at fotoflowerjoanne@on.aibn.com, at 519-538-5701, or at 43 Sykes St. N., Meaford ON, N4L IS7. •

Operational Stress Injury Social Support

QUESTION:

My friend retired from the armed forces due to personal illness, but can't adjust to civilian life. He watches the news about Afghanistan and gets very depressed. He wants to help and feels guilty he's not there. Is there anything the military can do to help him?

ANSWER:

Yes. Please have your friend go to v.osiss.ca/engraph/peer sn e.asp for information on Operational Stress Injury Social Support available to CF personnel and veterans, and their families. This is probably the best course of action for him to follow for understanding and support -

OSISS offers counseling and support from veterans, and their families, who have been there themselves.

For authentic testimonials about OSISS, go to www.forces.gc.ca/hr/cfpn/ engraph/home_e.asp, and click on "Sections" and then "Casualty Support...".

As well, if he has not already been communicating with Veterans Affairs Canada, he should. Go to www.vacacc.gc.ca/general/sub.cfm?source= contact for the location of his nearest VAC office. Alternatively, he can telephone tollfree I-866-522-2122 (English) or I-866-522-2022 (French). *

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CF recognizes civilian employers, educators

From CFPN

he CF is always pleased and proud to recognize the support offered to Reserve Force personnel by their employers and schools.

The 2007 CF Liaison Council (CFLC) Reserve Force Employer Support Program awards ceremony, held June 9 in Ottawa, saw 17 companies, schools and other institutions from throughout Canada applauded for their willingness to accommodate their Reserve Force employees' or students' training, participation in exercises, and deployments.

National Chair of the CFLC Mr. John Craig Eaton and Vice Chief of the Defence Lieutenant-General Natynczyk presented the awards during a ceremony in the NDHQ Concourse.

National Award recipients

- Most Supportive Employer in Canada: **Bell Aliant**
- Support to CF Operations International: Vancouver Police Depart-
- Support to CF Operations Domestic: VanOostrum Farm Equipment
- Special Award for Support to the Reserve Force: Retail Wholesale and Department Store Union
- Special Award for Support to the Reserve Force: London, Ont. International Airport
- Support to Student Reservists: Université du Québec

Special Award for Support to the Reserve Force: The Government of Nova Scotia

Provincial Award recipients (Most Supportive Employer)

- British Columbia: Lewkowich Geotechnical Engineering Ltd.
- Alberta: Ideaca Knowledge Services
- Saskatchewan: Saskatoon operative Association
- Manitoba: Simplot Canada II
- Ontario: Westlet
- Québec: Coopérative des techniciens ambulanciers du Ouébec
- New Brunswick: City of Moncton -**Moncton Fire Department**
- Nova Scotia: Chignecto-Central Regional School Board, Bible Hill **Central Elementary School**
- Prince Edward Island: PEI Area Department of Fisheries and Conservation Protection
- Newfoundland and Labrador: Bell Aliant

The national awards are presented every second year; provincial award ceremonies take place annually.

Learn more about the CF Liaison Council at www.cflc.forces.gc.ca/ general/intro e.asp. *



SGT ROXANNE CLOWE, COMBAT CAMERA

KANDAHAR AIR FIELD—Cpl Dan Hutchings, a Reservist with the Halifax-based Princess Louise Fusiliers, circuit-tests a smoke/grenade launcher on a Bison vehicle at the maintenance compound in Kandahar. Cpl Hutchings, a Weapons Technician originally from Corner Brook, Newfoundland and Labrador, is serving a six-month tour in Afghanistan on Operation ATHENA.

CFLC seeks nominations for 2009 national awards

If you are a Primary Reservist whose civilian employer or educational institution has been very supportive of your training, exercise or deployment schedules, now

is the time to show

your appreciation.

From CFPN

The CF Liaison Council (CFLC) is accepting nominations from Primary Reservists, Commanding Officers, CFLC Provincial Committees and other DND agencies for the 2009 CFLC National Employer Support Awards. CFLC national awards are given

every two years to recognize employers and educators throughout Canada who have "gone above and beyond the call of duty" when accommodating Reservists' commitments. All

Canadian employers (in both the private and public sectors)

and educational institutions are eligible for

The CFLC also provides templates for letters of thanks and has certificates of recognition, either of which Reservists may give to their employers and educational institutions in recognition of their support.

Visit www.cflc.forces.gc.ca/general/ intro e.asp for complete information about the nomination process, and

for letters and certificates of recognition and the procedure for presenting both.

Contact CFLC by email at cflc@ forces.gc.ca, by telephone at 1-800-567-9908, by FAX at 613-996-1618, or by mail at Executive Director. Canadian Forces Liaison Council, National Defence Headquarters, 101 Colonel By Dr., Ottawa ON, KIA 0K2. *

Looking for ways to connect with your community?

flagship program connecting CF personnel and veterans with students, online and in classrooms throughout Canada. The Speaker's Bureau includes more than 1500 volunteers who reach 175 000 young people each year. The online

Digital Archive, housing the oral histories and artefacts of more than 1000 personnel and veterans, complements the Speaker's Bureau.

Want to register with the Memory Project? Contact the Dominion Institute for a registration package or an on-site orientation – 1-866-701-1867 (tel); 416-368-2111 (FAX); memory@dominion.ca; www.thememoryproject.com; The Dominion Institute, 183 Bathurst St., Suite 401, Toronto ON, M5T 2R7.

www.forces.gc.ca/hr/cfpn/

Death benefits - Regular Force

From Director Casualty Support and Administration

DEPARTMENT	BENEFIT	DESCRIPTION	MEMBER CONTRIBUTION	PUBLIC CONTRIBUTION
New Veterans Charter	Death Benefit	 \$250 000 – 50% to the survivor and 50% to the dependant children Not subject to income tax 	n/a	yes
New Veterans Charter	Earnings Loss Benefit (ELB)	75% of deceased's salary, less Canadan Pension Plan (CPP) Survivor Benefit – payable to the surviving spouse/partner until the deceased's 65th birthday Indexed annually	n/a	yes
New V eterans Charter	Supplementary Retirement Benefit	2% of total of ELB received, payable at the deceased's 65th birthday	n/a	yes
New Veterans Charter	CF Income Support Benefit	 Payable if the household income drops below a certain level. Means test 	n/a	yes
New Veterans Charter	Vocational Assistance	Eligible	n/a	yes
New Veterans Charter	Job Placement	Eligible	n/a	yes
New Veterans Charter	Education Assistance	Children eligible for Educational Assistance Program benefits	n/a	yes
CF Superannuation	Survivor Benefit	If the deceased has less than five (5) years of Regular Force service: The greater of the return of contributions with interest; OR An amount equal to one month's basic pay for each year service (subject to income tax) If the deceased has five (5) or more years of Regular Force service: Annual allowance of 1% for each year of service multiplied by (x) the deceased's average annual pay during the best five consecutive years Each surviving child entitled to annual allowance of 1/5 of the basic allowance to a max of 4/5 (surviving child benefit payable only to 18, or to 25 if in full-time attendance at school or university)	yes	yes
CF Superannuation	Supplementary Death Benefit	Lump sum of twice the deceased's annual salaryNot subject to income tax	yes	yes
Canadian Forces	Severance Pay	 Monthly rate of pay divided by 30 x 7 days per month x the number of full years of continuous service (max 30) When surviving spouse/partner is the beneficiary of the estate, only the portion in excess of \$10 000 is subject to income tax 	n/a	yes
Canadian Forces	Unused Leave	The value of the total number of days of any type of leave that was earned and not used by the deceased will be credited to the deceased's estate	n/a	yes
Canadian Forces	Funeral expenses and headstone	Paid by the CF in accordance with regulations	next of kin	yes
Canadian Forces	Moving expenses	The surviving spouse/partner is entitled to reimbursement of expenses for the movement of household goods and effects to any place within Canada	n/a	yes
Public Service	Health Care Plan	Access to medical and drug insurance – survivor and dependants	yes	yes
Public Service	Dental Care Plan	Access to dental insurance – survivor and dependants	yes	yes
Canada Pension Plan (CPP)/Quebec Pension Plan (QPP)	Survivor Benefit	Monthly spousal pension, if the deceased contributed to CPP/QPP for three (3) years (the calculation can be done only by a CPP or QPP office)	yes	yes
CPP/QPP	Death Benefit	• The amount depends on how much, and for how long, the deceased paid into the CPP. CPP calculates the amount the retirement pension would have been if the deceased had died at 65. The death benefit equals six months' worth of this "calculated" retirement pension, up to a maximum of \$2500	yes	yes
Service Income Security Insurance Plan (SISIP)	Optional Group Term Insurance	 CF personnel deploying on operations are strongly encouraged to purchase this insurance during pre-deployment training. For personnel younger than 25, \$400 000' worth of insurance costs \$28 a month. For personnel 35 to 39, \$400 000' worth costs \$32 a month. The insurance can be cancelled anytime after purchase, and there is no war exclusion clause. 	yes	n/a

> These benefits will be paid only in the case of a death attributable to military service.

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For complete information on death and disability benefits for Regular and Reserve Force personnel, download DCSA's "Death & Disability Programs and Services" at www.forces.gc.ca/hr/centre/pdf/ddbenefits_e.pdf; telephone I-800-883-6094 Canada-wide; telephone CSN 845-1457 worldwide; email Centre@forces.gc.ca; or write to DND-VAC Centre, Director Casualty Support and Administration, MGen George R. Pearkes Building, 101 Colonel By Dr., Ottawa ON, K1A 0K2.