## When crafts

Hobbies are supposed to be a fun way to relax. So why don't people engage in their hobbies - like scrapbooking, knitting, sewing, or painting - more often?

Clutter. That's why.

An unorganized hobby becomes a source of stress, rather than a creative release. Taking the time to organize your equipment offers three advantages: you can be more efficient, finding what you need at once; you won't buy duplicates for items you are too lazy to look for; and you just might finish that project that's been malingering for months.

Professional organizers can buy superduper organizational "systems" for their clients, but you don't have to spend a fortune (you've probably already spent a small one on paper, scissors, yarn, paint, etc.)

By Windy Twilley