

Grove Overlook Trail

The Grove Overlook Trail is an alternative to the North Grove Trail, from the Big Stump to “Mother of the Forest.”

Just over ½ mile long, it takes about 45 minutes to traverse. The trail climbs the ridge on the south side of the North Grove and provides views of the sequoia that cannot be had from the forest floor trail below. Most of the trail is shaded throughout the day, even on the summer solstice. Narrower and moderately steep, with loose rocks and lots of exposed roots, this route is not for anyone with more than minimal disabilities.

Although visitors on the North Grove Trail can often be heard, they are not visible from along most of the higher path. This can be comforting to those not entirely at ease on their own in the woods, as it offers some measure of solitude along with the knowledge that help, if needed, is only a yell away.