Three Senses Trail

Three Senses is an interpretive trail designed to accommodate most anyone.

Just 600 feet long, it starts and ends near the "Big Stump" in the park's North Grove. The elevated boardwalk that protects the shallow root systems of the redwoods from erosion and soil compaction also provides a relatively smooth surface for persons with mobility and vision impairments. Braille trail markers and guide ropes also aid the visually impaired.

With a number of activities that invite visitors to touch, smell and listen, the trail can easily take 30 minutes or more to investigate.