



# Lalibela Restaurant

Exotic cuisine with unique tastes



For take out/carry out tell us  
or call us ahead and  
we will have your order ready

869 Bloor Street West, Toronto, Ontario M6G 1M4  
Tel: 416 535 6615

[www.lalibelaethiopianrestaurant.com](http://www.lalibelaethiopianrestaurant.com)

# BREAKFAST

1. **Foul (ፋል)**..... \$6.00  
Special Foul (Mashed Beans sauteed with Onion Green Pepper, butter/ Oil and Yogurt)
2. **Firfir Special (ፍርፍር)**..... \$8.00  
Pieces of Injera simmered with butter and pepper topped with yogurt.
3. **Qunta Firfir (ቋንጣ ፍርፍር)**..... \$8.00  
A cube of dry beef meat soaked in wat
4. **Shuro FitFit (ሸሮ ፍትፍት)**..... \$7.50  
Cold shiro with crumbs of injera, onion, tomato and jalapeno.
5. **Scramble Egg (አንቁላል ፍርፍር)**.... \$6.00  
Scramble egg cooked with onion, tomato jalapeno served with bread
6. **Qita firfir (ቂጣ ፍርፍር)**..... \$7.00  
Thin bread (qita) pieces served with butter & berbere
7. **Kenche (ቀንጨ)**..... \$6.00  
Cracked wheat blended with herbed Oil and spices.

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# LUNCH & DINNER

## VEGETARIAN MENU

8. **Vegetarian Platter** (የጸፆ በያይነቱ) .....  
Hot....\$12.00 Mild....\$11.00  
A combination of Splint Peas, Lentil, Chick Peas, cabbage, collard green and vegetables.
9. **Shuro with Gommen** (ሽሮ በጎመን) ..... \$12.00  
Powdered and highly seasoned chickpeas in berber sauce served with Collared green.
10. **Kik Wat** (ክክ ወጥ) ..... \$8.00  
Steamed peas with onions, seasoned with garlic and ginger. Served with Injera.
11. **Cabbage wat** (ጎመን ወጥ) .....\$8.00  
Steamed Vegetables with onions, seasoned with garlic and ginger. Served with Injera.
12. **Yemiser wat** (የፆስር ወጥ) ..... \$8.00  
Split Lentil in red pepper sauce, seasoned with assorted spices. Served with Injera.
13. **Collard Green** (ኮሎራድ ጎመን) .....\$8.00  
Steamed and delicately seasoned with garlic and green chillies. Served with Injera.
14. **Shuro Wat** (ሽሮ ወጥ) ..... \$10.00  
Pureed split peas cooked with red onions and garlic (spicy)
15. **Bozena Shero** (ቦዛና ሽሮ) Enough For two...\$17.00  
Highly seasoned milled chick peas simmered For one...\$13.00  
in berbere sauce with selected cubes of lean beef served in a (Deest) a traditional pot.

**Vegetarian side order \$3.00**

8H



8M



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## POULTRY

16. **Dero Wat** (ደሮ ወጥ)..... \$12.00  
Tender chicken cooked in mild sauce and hard boiled egg served with injera.
17. **Doro Tibbs** (ደሮ ጥብስ)..... \$13.00  
Sauteed with spiced butter, garlic, green pepper, served with injera
18. **Doro Firfir** ( ደሮ ፍርፍር ).....\$10.50  
Pieces of injera soaked in Doro wat and Yogurt.
19. **Special Yehabesha Doro** (የሐበሻ ደሮ).....\$16.00  
Tender hen cooked in mild sauce include two hen leg and hard boiled egg with cottage cheese served with injera.



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## LAMB

20. **Ye'Beg Key Wat** (የበግ ቀይ ወጥ)..... \$12.00  
Succulent Lamb meat cooked in Berbere sauced
21. **Ye'Beg Aicha** (የበግ አልጫ).....\$12.00  
Succulent Lamb meat cooked with mild sauced.
22. **Ye'Beg Key Tibbs** (የበግ ቀይ ጥብስ).....\$12.00  
Cubes of tenderloin Lamb tibs sauteed in our chef's Special sauce. Served with Injera or Bread.
23. **Special Ye' Beg Tibbs** (ልዩ የበግ ጥብስ).. \$13.00  
Cubes of tenderloin lamb meat sauteed with butter, Onion, spices and our chef's special sauce Served with salad and injera or bread
24. **Dullet** (ዱሲት)..... \$13.00  
Liver, tripe freshly minced lean Lamb mixed with butter and hot metmeta.
25. **Shefinfin** (ሽፍንፍን).....\$10.00



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26. **Goden Tibs** ( ጎድን ጥብስ )..... \$14.00  
Lightly sautéed tender cubed pieces of lamb and French cut lamb ribs Mixed with onion, garlic, tomatoes and jalapeno pepper

## BEEF

27. **Meat Combination** ( ስጋ በያይነቱ )  
Enough for two .....\$23.00 for one.....\$15.00  
Combination of Key wat, Kitfo, Doro, Gomen Ayib, Salad and Dullet
28. **Special Lalibela Kitfo** ( ልዩ ክትፍ )..... \$12.00  
Freshly Minced, very lean Beef mixed with mitmita and butter, Kitfo is traditionally served raw like steak tartar or lebleb very rare. The butter has special herbs Koseret that give distinct flavor.
29. **Zilzil Tibs** ( ሀሳሳ ጥብስ )..... \$14.00  
Strips of tender choice beef sauteed With butter, Onions, zucchini, carrot Green pepper and spices.
30. **Yeawaze Tibs** ( የአዋዜ ጥብስ )..... \$12.00  
Lean beef cubes pan fried with jalapeno, onion and awaze
31. **Titanic Tibs** ( የታይታክ ጥብስ )..... \$14.00  
Baby lamb sauteed with butter, onion, green Pepper served with bread or Injera and salad.
32. **Quanta Firfir** ( ቋንጣ ፍርፍር )..... \$12.00  
A strips of Sun dried meat sauteed with onion, garlic and special butter soaked in wat served with injera .

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\$14.00

\$12.00

\$14.00

\$12.00

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31



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### Takeout

Only Meat Wat Small: \$8 Large: \$10  
Vege. Wat Small: \$5 Large: \$8



Sales Tax included

**33. Shero Be Quanta (ሸሮ በቀንጣ).....\$13.00**

A strips of sun dried meat sauteed with special butter soaked in shuro wat Served with injera.

**34. Kikel (ቸቸል).....\$10.00**

Light beef stew seasoned with awazie and tossed in injera

**35. Kitfo Dulet (ክትፎ ዱለት).....\$13.00**

Freshly minced, very lean Beef, tripe mixed with butter, onion and green pepper  
Kitfo is traditionally served raw, like steak tartar, or lebleb very rare.

**36. Gored Gored (ጎረድ ጎረድ).....\$13.00**

Cubed meat smothered with awazie and nitir kebe

**37. Cornis (ኮርንስ).....\$14.00**

Combination of Tibs, Kitfo, Kenchi, Ayebe and Collared green served with injera.

**38. Tera Sega ..... \$15.00**

Lalibela style (keremela qurt) raw meat served with mitmita and injera.

**39. Tera sega Combo for one .....\$15.00**

Enough for two..... \$25.00  
Combination of Tibs Tera sega and Salad

**41. Lalibela Platter (ላሊበሌ በያይነቱ).....\$14.00**

Combination of Vegetarian peas, lentil, cabbage, collard green, split peas, doro wat, lamb or beef dishes arranged on the platter.

**42. Melasena & Sember(ምላስና ሰንበር)...\$13.00**

Beef trip and tongue cooked in mild green pepper sauce with onion and jalapeno and seasoned with ginger and garlic

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## DAILY SPECIAL

43. **Lalibela Special** ( ላሊበላ ስፔሻል ).....\$23.00  
 Combination of dorowat, with boiled egg, gomen beets, lentil, Lamb tibs, Kitfo and Salad enough for two person
44. **Lunch Special** ( ልዩ ምሳ )..... \$17.00  
 Enough for two person  
 Combination of Kitfo,Tibs, salad with cheese arranged on the platter.
45. **Tibs with Vege combo**  
 (ጥብብ ከእትክልት ጋር).....\$13.00  
 Lamb meat combination with vegetarian dishes
47. **Fish** .....\$13.00  
 Choice of White fish, pink salmon or sniper fish fried served with salad and slice bread.
48. **French Fries** Small..... \$4.50 Large..... \$6.00
49. **Fish and Chips**..... \$9.00  
 with french fries and salad.
51. **Asa Gulashe** ..... \$14.00  
 Fish with Salads served with Slice bread.

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44



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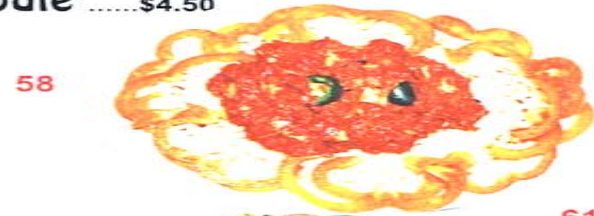
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52. **Asa wat** .....\$14.00  
Cooked fish with tomato and hot spice
53. **:Chicken Wings**.....\$10.00  
Garnished with greenleaf, carrot and celery  
blue cheese deep. choice of Hot sauce or  
Hany Garlic sauce.
54. **Lalibela Chicken Burger**.....\$5.50  
with Fries slice lettuce and tomato
55. **Duble Chicken Burger** with Fries.. \$7.00
56. **Kitfo Sandwich** .....\$8.50  
Freshly minced, very lean Beef mixed with  
butter, onion and green pepper served  
Lebleb very rare.
57. **Grilled Chicken Sandwich**.....\$8.50
58. **Spaghetti** .....\$12.00  
served with your choice of vegetable,  
beef or fish tuna.
59. **Stirfry Vege mix** Chines style.....\$8.50
60. **Stirfries** with egg .....\$12.00  
Grilled chicken marinated with lemon  
juice and garlic
61. **Chicken Nugget** .....\$6.00  
With Fries.....\$7.00
62. **Chicken Soup Noodle** .....\$4.50



Sales Tax included  
Sales Tax included



- 63. **Rice with Chicken**..... \$15.00
- 64. **Rice with Fish**..... \$15.00



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**SALADS**

- 1. **Tomato Salad** ..... \$6.00  
Chopped Tomato, Onion, Green chilli in Oil and Lemon dressing.
- 2. **House Salad**..... \$5.00  
Cheese tomato, Lettuce Olive Oil in house dressing.
- 3. **Greek Salad**..... \$5.00
- 4. **Caesar Salad**..... \$5.00



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**DESSERTS**

- 1. **Fruit Salad** served in plate Small .....\$6.00  
Large.....\$10.00
- 2. **Carrot Cake** (Vanilla or Chocolate )...\$6.00
- 3. **Baklava** ..... \$3.50
- 4. **Ice Cream** bowl or cup ..... \$3.50  
(Vanilla or Chocolate )



1L



2 chocolate



1S



3



2 vanilla



4

Sales Tax Included



**Kids!**  
 Have you tried Ethiopian  
 delicious foods?  
 It's yame! It tastes good.

**Try it**  
**Kids MENU**



- 1. Chicken Burger with Fries, Ketchup slice tomato ..... \$6.00
- 2. Chicken Wings ..... \$6.00
- 3. Tibs Kids size..... \$6.00
- 4. Kitfo Kids size..... \$7.00
- 5. Doro Tibs kids size..... \$6.00
- 6. Dullet kids size..... \$6.00
- 7. Aicha Wat..... \$6.00

**Daily special for Kids**

- 8. Tibs, Kito, Aicha wat and Cabbage..... \$10.00
- 9. Maccaroni cheese..... \$6.00
- 10. French Fries (small size)..... \$4.00
- 11. Grilled chicken Sandwich..... \$6.50
- 12. Kitfo sandwich..... \$4.50
- 13. Habesha steak (Beef Tung Tibs)..... \$7.00

**Ice Cream**

- 14. Ball of Ice Cream..... \$3.00  
 Vanilla or chocolate



We have a  
**Gift Certificate for**  
 Family & Friends  
 a value of different price

**LALIBELA**  
 Restuarant  
 Gift Certificate  
 Receipt  
 Value of \$ \_\_\_\_\_  
 Date \_\_\_\_\_  
 Number \_\_\_\_\_



**Gift Certificate**

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**LALIBELA**  
 Restaurant

Sova Bldg. St. 11/12

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Value of \$ \_\_\_\_\_

Date \_\_\_\_\_

Number \_\_\_\_\_



# LIQUOR & BEVERAGES

## WINE.....(6oz) WHITE & RED

- |  |      |                     |
|--|------|---------------------|
| 1. L'Ambiance A glass .....                    |      | \$4.50              |
| 1/2 liter wine.....                            | \$14 | 750ml..... \$24     |
| 1 liter.....                                   | \$28 | 1.5 Liter..... \$35 |
| 2. Keress Man A glass (7oz).....               |      | \$4                 |
| 1/2 liter wine .....                           | \$14 | 750 ml..... \$24    |
| 1 liter.....                                   | \$28 |                     |
| 3. Merlot Donini A glass (7oz).....            |      | \$5                 |
| 1/2 liter.....                                 | \$18 | 750ml..... \$28     |
| 1Liter.....                                    | \$36 | 1.5 Liter..... \$44 |
| 4. Rosemount state 1Liter.....                 |      | \$36                |
| 5. Vidal Ice wine Bottle.....                  |      | \$60                |
| 6. Partager A glass (7oz.....                  |      | \$4                 |
| 1/2 liter.....                                 | \$14 | 1Liter..... \$28    |
| 1.5 Liter.....                                 |      | \$35                |
| 7. Maria Christina A glass.....(6oz).....      |      | \$4.50              |
| 1/2 liter.....                                 | \$14 | 750ml..... \$24     |
| 1 Liter.....                                   | \$28 | 1.5 Liter..... \$35 |
| 8. Plat D'or A glass(6oz).....                 |      | \$6                 |
| 1/2 liter wine.....                            | \$18 | 750ml..... \$27     |
| 1 liter.....                                   | \$30 |                     |
| 9. Valpolicella A glass(6oz).....              |      | \$6                 |
| 1/2 liter wine.....                            | \$18 | 750ml..... \$27     |
| 1 liter.....                                   | \$30 |                     |
| 10. Black Tower (Germany) A glass.....         |      | \$8                 |
| 1 liter.....                                   | \$35 |                     |
| 11. Yellow Tail Shiraz (Australia)A glass..... |      | \$8                 |
| 1/2 liter wine.....                            | \$22 | 750ml..... \$40     |
| 12. Yellow Tail Marlot (Australia)A glass..... |      | \$8                 |
| 1/2 liter wine.....                            | \$22 | 750ml..... \$40     |
| 13. Shiraz South Australia Glass of wine.....  |      | \$10                |
| 750ml.....                                     |      | \$60                |
| 14. Montecillo (Spain) A glass...\$9..         |      | 750ml..... \$40     |
| 15. Chateau (France) A glass ...\$9..          |      | 750ml..... \$47     |
| 16. Hatzimichalis (Greece) A glass.\$8         |      | 750ml..... \$40     |
| 17. Blue Ocean (South Africa) A glass.....     |      | \$6                 |
| Bottle.....                                    |      | \$35                |

## BOTTLE OF CHAMPAGNE

- |                           |       |
|---------------------------|-------|
| 1. Domestic 1 Liter ..... | \$30  |
| 2. Premium Champagne..... | \$100 |

## BEER

- |  |        |
|--|--------|
| 1. Domestic .....                            | \$3.75 |
| 2. Premium .....                             | \$6    |
| 3. Imported .....                            | \$4.50 |
| 4. Smirnoff Ice .....                        | \$6    |
| 5. Castel & St.Georges(Ethiopian Beer) ..... | \$6    |

## COGNAC ----(1oz)

- |                      |     |
|----------------------|-----|
| 1. Courvoisier ..... | \$6 |
| 2. Remy Martini..... | \$8 |
| 3. Hennessy .....    | \$6 |

## LIQUOR .....(1oz)

- |                                |        |
|--------------------------------|--------|
| 1. Johnny Walker (Red Label)   | \$4.50 |
| 2. Johnny Walker (Black Label) | \$5    |
| 3. Ray .....                   | \$4.50 |
| 4. Chivas regal .....          | \$5    |
| 5. Canadian Club .....         | \$4    |
| 6. Brandy .....                | \$5    |
| 7. Vodka .....                 | \$4.50 |
| 8. Gin .....                   | \$4.50 |
| 9. Ouzo .....                  | \$4.50 |
| 10. Sambuca .....              | \$4.50 |
| 11. Bacardi .....              | \$4.50 |
| 12. Rum .....                  | \$4.50 |
| 13. Tequila .....              | \$6    |
| 14. Kahlua .....               | \$4.50 |
| 15. Bailleurs .....            | \$5    |
| 16. B52 .....                  | \$6    |
| 17. Grand Mariner.....         | \$6    |
| 18. Grey Goose Vodka.....      | \$6    |
| 19. Martini .....              | \$5    |

## BEVERAGES

- |                              |        |
|------------------------------|--------|
| 1. Assorted Juice .....      | \$3.75 |
| 2. Apple Juices.....         | \$2.50 |
| 3. Mango .....               | \$3    |
| 4. Guava .....               | \$3    |
| 5. Cranberry .....           | \$2.50 |
| 6. Mango with Cranberry..... | \$3.75 |
| 7. Mineral Water .....       | \$1.50 |
| 8. Perrier .....             | \$3    |
| 9. Pop Drinks .....          | \$2    |

## HOT DRINKS

- |                            |        |
|----------------------------|--------|
| 1. Special Hot Tea .....   | \$1.50 |
| 2. Ice Tea .....           | \$2    |
| 3. Milk .....              | \$2    |
| 4. Coffee .....            | \$2    |
| 5. Espresso .....          | \$1.50 |
| 6. Cappuccino .....        | \$2.50 |
| 7. Café Late .....         | \$2.50 |
| 8. Special Café Late ..... | \$3.50 |
| 9. Macayto .....           | \$2    |

## Special Ethiopian Coffee Ceremony

Whole Pot... \$10

Sales Tax included



Any choice of  
Cocktail each \$8.50

Design: Fentaw Abate 647 834 9978