

# Training

## Soccer Academy for Stafford Soccer Club

### Coach Clinics

All coaches are invited and encouraged to attend

10 March 4:45

9 April 4:45

7 May 4:45

free and informative



### Goalkeeping Clinics

Sat 3/1 2:30 - 4:30

Sat 3/8 " "

Sat 3/22 " "

Sat 3/29 " "

Wed 4/16 4:45 - 6:00

Wed 4/30 " "

Wed 5/14 " "

Wed 5/21 " "

Wed 5/28 " "



Cost: All 9 sessions, \$175

or Per session, \$25

Contact Pat Trujillo to schedule

### Training Sessions

Sun 3/2 \*\*\*

Mon 3/3 4:45 - 6:00

Tue 3/4 " "

Sun 3/9 \*\*\*

Tue 3/11 4:45 - 6:00

Sat 3/22 12:00 - 2:00

Sun 3/23 \*\*\*

Sat 3/29 12:00 - 2:00

Sun 3/30 \*\*\*

Sat 4/5 \*\*

Sat 4/12 \*\*

Sat 4/26 \*\*

Sat 5/3 \*\*

Sat 5/10 \*\*

Sat 5/17 \*\*

Mem Wknd \*\*\*



### Match Analysis

Match analysis is available for home games. Schedules will have to be coordinated once they are published by the leagues. Find out if you have players in the wrong positions. Find out your team's weaknesses. A very helpful tool.

Cost is \$75 per match.

### SPRING BREAK

You may be interested in working with your players over Spring Break. By then, you will have had several league games and a tournament or two behind you, and you'll know what work your players will need. Consider a three hour session on Monday; two sessions are available. Another option is to have individual players attend a three day camp. The camps will be offered for several age groups, so your players will be doing work for their particular skill levels.

#### Cost:

Weekend sessions, 2 hr: \$100

Weekday sessions, 1 1/4 hr: \$80

Mem Day wknd, S/S/M, 2 hr: \$50

TIMES: \*\*\* 3 sessions available

9:00-11:00, 12:00-2:00, 2:30-4:30

\*\* 2 sessions available

12:00-2:00, 2:30-4:30

To schedule your sessions:

contact Pat Trujillo

720-6015, [truheo@adelphia.net](mailto:truheo@adelphia.net)

#### Payment:

Payment is due by Friday, June 6th.

No need to "pay as you go".

#### Memorial Day Weekend:

Match Analysis available for relatively local tournaments, or team training for those interested.

### Team Training

Three Hour Sessions Available

Monday, April 21st

9:30 - 12:30 or 1:30 - 4:30

\$150 per session

### Three Day Camp

Individual players may participate and/or teams.

Tuesday April 22nd through Thursday April 24th.

U-10 - U-12 9:00 - 12:00

U-13 - U15 1:00 - 4:00

\$50 per player