

Edison Martial Arts Academy: Brown Belt

Combinations

1. Combination 1
 1. Skip Double Round Kick
 2. Spinning Hook Kick
 3. Back Leg Round Kick
 4. Back Punch
2. Combination 2
 1. Cross Double Side Kick
 2. Back Punch
 3. Back Leg Front Kick
 4. Spinning Back Kick
 5. Back Punch
3. Combination 3
 1. Skip Lead Leg Double Round Kick
 2. Back Leg Double Round Kick
 3. Spinning Back Kick
 4. Ridge Hand

Kata (Tekken)

Cardinal Directions "Left, Right, Forward and Back" are relative to you are currently facing. These will be seperated from the move with a comma, like this: (Step Left, Left Hand Middle Block). If it is labeled with Side on the end, it is signifying for you to step according to the beginning position. Otherwise, you move in the direction YOU are facing (If you're facing left, you move left. If you're facing back, move back) Remember, these steps are only to be used as reference. The actual kata should be learned from a qualified instructor as no written manual can replace him or her.

Starting Position: Double Knife Hands over each other on your chest, Feet Together in Touch Position and Knees Slightly Bent

1. Cross Right, Right Hand Knife Hand block and Left Hand assume fist in normal "standby" position
2. Smash (both hands fists)
3. Fist together with palms facing each other
4. Turn to Left Side, Left Hand Low Block and Right Hand Hook Punch
5. Cross into Horse Stance, Right Hand High Block and Left Hand Low Block
6. Right Hand Punch and Left Hand High Block
7. Left Hand Middle Block and Right Hand Fist in Left Armpit
8. Left Foot tap Right Leg (face left) (keep arm position)
9. Right Foot tap Left Leg (face right) (keep arm position)
10. Fist together with palms facing each other
11. Double Punch Left Side

12. Switch to Left Hand Knife Hand Block and Right Hand assume fist in normal "standby" position
13. Smash
14. Fist together with palms facing each other
15. Turn to Right Side, Right Hand Low Block and Left Hand Hook Punch
16. Cross into Horse Stance, Left Hand High Block and Right Hand Low Block
17. Left Hand Punch and Right Hand High Block
18. Right Hand Middle Block and Left Fist in Right Armpit
19. Right Leg Tap Left Leg (face right) (keep arm position)
20. Left Leg Tap Right Leg (face left) (keep arm position)
21. Fist together with palms facing each other
22. Double Punch Right Side

Self Defense

1. Knife Attack Across
2. Knife Attack Across and Bring Back
3. Knife Attack Lunge

Curriculum

First Stripe	Combinations	15 Lessons
Second Stripe	Kata: Tekken	15 Lessons
Third Stripe	Self Defense	15 Lessons
	1. Combinations and Self Defense	
Graduation	2. 9 Count Kick and Double Step Sparring	45 Lessons/ Three Stripes
	3. Pyong-Ha and Complete Test Procedures	