

Edison Martial Arts Academy: Curriculum

White Belt

First Stripe	Combinations	8 Lessons
Second Stripe	Kata: Kam-Sah/ Appreciation	8 Lessons
Third Stripe	Self Defense	8 Lessons
Graduation	1. Combinations and Self Defense 2. 3 Count Front Kick 3. Kam-Sah and Complete Test Procedures	24 Lessons/ Three Stripes

Gold Belt

First Stripe	Combinations	8 Lessons
Second Stripe	Kata: Ja-Yoo/ Freedom	8 Lessons
Third Stripe	Self Defense	8 Lessons
Graduation	1. Combinations and Self Defense 2. 4 Count Side Kick 3. Ja-Yoo and Complete Test Procedures	24 Lessons/ Three Stripes

Green Belt

First Stripe	Combinations	8 Lessons
Second Stripe	Kata: Jon-Kyong/ Respect	8 Lessons
Third Stripe	Self Defense	8 Lessons
Graduation	1. Combinations and Self Defense 2. 3 Count Round Kick and Gi-Cho Form #1 3. Jon-Kyong and Complete Test Procedures	24 Lessons/ Three Stripes

Purple Belt

First Stripe	Combinations	10 Lessons
Second Stripe	Kata: Ja-Sin/ Confidence	10 Lessons
Third Stripe	Self Defense	10 Lessons
Graduation	1. Combinations and Self Defense 2. 4 Count Hook Kick and Gi-Cho Form #2 3. Ja-Sin and Complete Test Procedures	30 Lessons/ Three Stripes

Blue Belt

First Stripe	Combinations	15 Lessons
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Second Stripe	Kata: Jung-Yee/ Justice	15 Lessons
Third Stripe	Self Defense	15 Lessons
Graduation	1. Combinations and Self Defense 2. 6 Count Side Kick 3. Jung-Yee and Complete Test Procedures	35 Lessons/ Three Stripes

Red Belt

First Stripe	Combinations	15 Lessons
Second Stripe	Kata: Pyong-Ha/ Peace	15 Lessons
Third Stripe	Self Defense	15 Lessons
Graduation	1. Combinations and Self Defense 2. 6 Count Round/ Side Kick and One Step Sparring 3. Pyong-Ha and Complete Test Procedures	45 Lessons/ Three Stripes

Brown Belt

First Stripe	Combinations	15 Lessons
Second Stripe	Kata: Tekken	15 Lessons
Third Stripe	Self Defense	15 Lessons
Graduation	1. Combinations and Self Defense 2. 9 Count Kick and Double Step Sparring 3. Pyong-Ha and Complete Test Procedures	45 Lessons/ Three Stripes